

## 8.1.4

Steps adopted by the institution towards implementation of Swasthvritta activities such as Dincharya, Ritucharya, Achar Rasayana, Sadvritta in last five years.



# SHREE SAPTASHRUNGI AYURVED MAHAVIDYALAYA & HOSPITAL

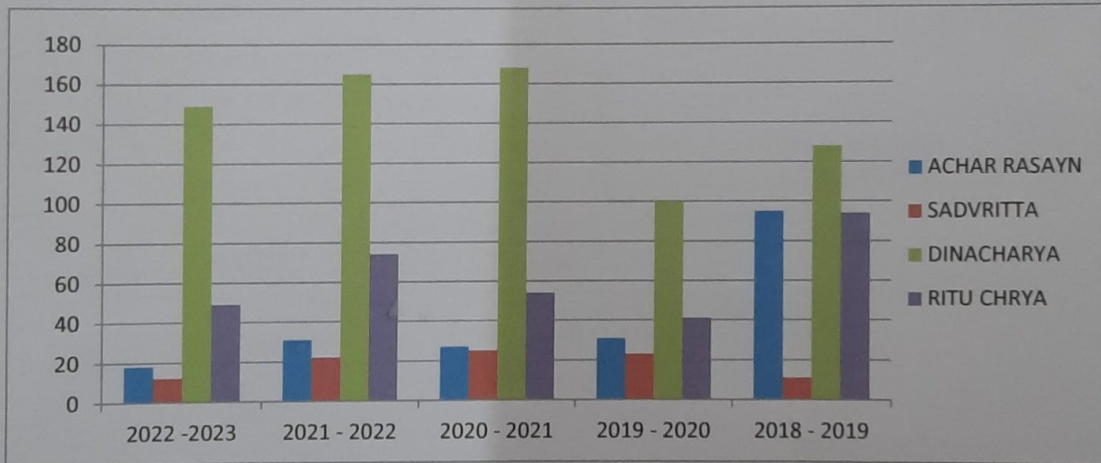
Kamal Nagar, Hirawadi, Panchavati, Nashik - 422 003. | Tel.: (0253) 2621565 (College) | (Hosp.) 2518548

Fax : (0253) 2621638 ● E-mail : ssamnsk@gmail.com ● website : www.ssam.in

Ref. No.

Date :

The institute has got a dedicated **Swasthya OPD** to promote health for all under the slogan Swasthasya Swasth Rakshanam rather than mere disease management. It empowers individuals to take charge of their well-being by making informed lifestyle choices. It strives to create a society where health is a collective pursuit. Through Dinacharya, Ritucharya, Sadvritta, Achar, Rasayan, Pathya, and Apathya, the Swasthya OPD catalyzes a holistic transformation, fostering health and happiness for all. Dinacharya (daily routine), Ritucharya (seasonal regimen), and Sadvritta (healthy habits) form the foundation of this approach. Patients are guided to align their daily activities with nature's rhythms, adapting to seasonal changes and fostering a balanced lifestyle so as to minimize the effect of seasonal variation on body. These principles are integrated with evidence-based medical practices to create a personalized health plan for each individual. The Swasthya OPD underscores the importance of Achar (conduct) and Rasayan (rejuvenation) for sustaining vitality. It emphasizes ethical conduct, mindfulness, and fostering positive relationships for emotional well-being. Rasayan therapies enhance vitality and resilience. The concept of Pathya (good for health) and Apathya (harmful for health) nourishment educates patients about appropriate dietary choices.



The table illustrates activities carried out by Swasthya Opd & number of individuals consulted

year	ACHAR RASAYN	SADVRITTA	DINACHARYA	RITU CHRYA
2022 - 2023	18	12	149	49
2021 - 2022	31	22	165	74
2020 - 2021	27	25	168	54
2019 - 2020	31	23	100	41
2018 - 2019	95	11	128	94



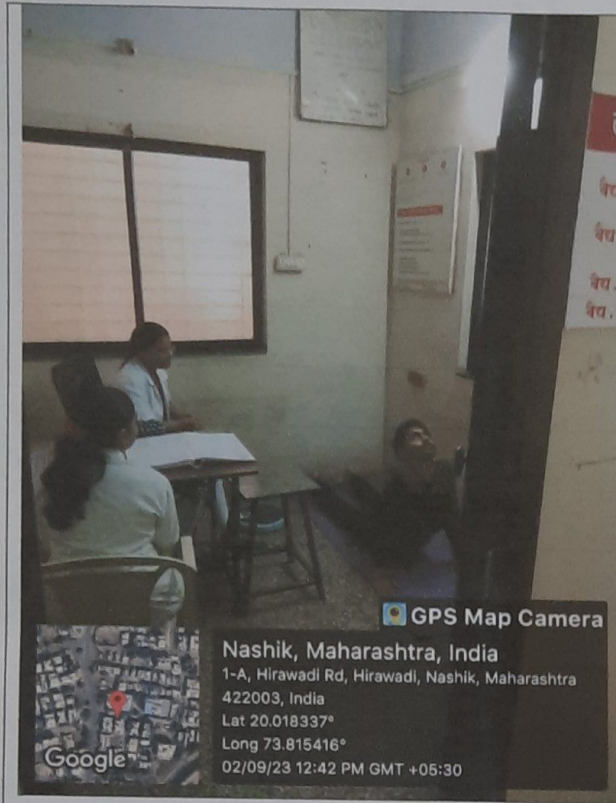
**Principal**  
Vd. Milind Babarao Aware  
Shree Saptashrungi Ayurved  
Mahavidyalaya & Hospital, Nashik

**H.O.D.**  
Swasthavritta Dept.  
S.S.A.M. & H. Nashik



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yoga opd Properties

General Security Details Quick Heal Previous Versions

Property	Value
Camera serial number	
Contrast	Add text
Brightness	0
Light source	Unknown
Exposure program	Unknown
Saturation	
Sharpness	
White balance	Auto
Photometric interpretation	
Digital zoom	
EXIF version	
GPS	
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Longitude	73; 48; 55.4969999999737...
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Item type	JPEG image

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## YOGA OPD



**Principal**  
Vd. Milind Bavarao Aware  
Shree Saptashrungi Ayurved  
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Steps adopted by the institution towards implementation of Swasthvritta activities such as Dincharya, Ritucharya, Achar Rasayana, Sadvritta in last five years.

Institute has established a separate Swasthya opd to treat the patient with life style diseases last five years.

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Steps adopted by the institution towards implementation of Swasthvritta activities such as Dincharya, Ritucharya, Achar Rasayana, Sadvritta in last five years.

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2022-2023



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## ACHAR RASAYAN OPD PATIENTS LIST 2023

SR. NO.	CR OPD NO.	NAME OF PATIENT	AGE/SEX
1	644	RAMKUMAR G. MUNDE	61/M
2	863	PUNJOBA R. PRABHAKAR	63/M
3	3722	BABURAV S. KOLPE	51/M
4	4021	SIDDHARTH A. PATOLE	32/M
5	4100	PRASHANT S. JAIN	24/M
6	4729	KETAN H. SHINDE	51/M
7	4959	PARTH D. JOSHI	32/M
8	5046	AJAY M. SANSARE	50/M
9	5464	SUDHAKAR V. KUDAL	52/M
10	5754	RAMESH S. VADAKTE	52/M
11	5881	KISHOR H. SANAP	46/M
12	14742	SUMANT R. NIKAM	50/M
13	14978	SUSHILA N. KEDARE	61/F
14	15154	SONALI S. PISE	33/F
15	16084	CHARULATA E. PARDESHI	49/F
16	18201	JYOTI B. JAGDALE	48/F
17	18419	SHIVANI P. NIKAM	27/F
18	18638	PRAKASH D. SHEWALE	58/M



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## SADVRITTA OPD PATIENTS LIST 2023

SR. NO.	CR OPD NO.	NAME OF PATIENT	AGE/SEX
1	78	ASHOK D. SAPKALE	42/M
2	3943	MADHUKAR R. BORSE	48/M
3	5322	SEEMA V. VISPUTE	24/F
4	9193	SANDIP R. POTE	50/M
5	9977	SHANKAR V. VADNERE	51/M
6	13860	PRATIK S. MAHALE	26/M
7	14409	BHARATI S. DAVARE	38/F
8	14650	VIKAS S. KAJWE	54/M
9	14928	SMITA A. JOSHI	44/F
10	15038	SUBHASH G. SALWI	52/M
11	16084	CHARULATA E. PARDESHI	49/F
12	18074	SHILA V. PARDESHI	47/F



**Principal**

Vd. Milind Babarao Aware  
Shree Saptashrungi Ayurved  
Mahavidyalaya & Hospital, Nashik

*[Handwritten Signature]*  
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## DINCHARYA OPD PATIENTS LIST 2023

SR. NO.	CR OPD NO.	NAME OF PATIENT	AGE/SEX
1	362	SADASHIV G. MORE	48/M
2	553	JANARDAN R. KARANDE	56/M
3	725	VIPUL S. BADADE	29/M
4	1260	VIBHA A. GAYDHANI	27/F
5	1338	RAMALAL K. GODBOLE	33/F
6	1436	ASHOK B. PATIL	48/M
7	1573	NILAM R. PAWAR	40/F
8	1649	ATHARVA R. SONAWANE	20/M
9	2046	SUSHIL B. PATIL	38/M
10	2398	BHAUSAHEB G. PACHPUTE	51/M
11	2461	RAM B. KALBHOR	59/M
12	2678	SHIVAJI M. VYAVAHARE	52/M
13	2905	VISHAL D. GHOLAP	34/M
14	3079	PRATHAMESH S. KATKADE	33/M
15	3414	MINAKSHI V. KADAM	48/F
16	3495	MAHESH V. KAJALE	48/M
17	3674	VIBHAVARI R. DESHPANDE	40/F
18	3816	VAISHALI V. HIRE	48/F
19	4030	SUMIT P. PISURE	44/M
20	4120	MOHAN A. BHAVAD	34/M
21	4182	SHILA M. KOLHE	49/F
22	4320	AJAY P. SONAWANE	35/M
23	4533	VINAY A. PATIL	48/M
24	4871	SAURABH V. THETE	37/M
25	5555	RAGINI A. KHARAT	28/F
26	5872	SOPAN A. VINCHURKAR	45/M
27	6049	SUNDAR A. SHIRSATH	33/M
28	6148	DILIP V. PISU	48/M
29	6279	SAKSHI T. PATIL	28/F
30	6382	ASHUTOSH S. NAGARE	35/M
31	6704	PRATIK Y. MORE	34/M
32	6750	BHARATI M. SONAWANE	46/F



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33	6850	SHASHIKALA B. KALE	49/F
34	7262	GANESH B. DARADE	37/M
35	7343	BHASKAR K. SHINDE	52/M
36	7842	RAGHAV H. SHIRSATH	48/M
37	8163	MAHESH H.UGALE	41/M
38	8256	PRATIK S. BAGUL	29/M
39	8513	VARSHA N. KHARAT	27/F
40	8588	SHIVA A. ZOPE	39/M
41	9073	CHETAN D. WAGHMARE	35/M
42	9416	ROHIT A. GHORPADE	46/M
43	9694	SIYA D. GORE	20/F
44	8256	PRATIK S. BAGUL	29/M
45	9694	SIYA D. GORE	20/F
46	10767	RATAN G. BODKE	44/M
47	10783	NAJMA V. SHAIKHH	32/F
49	10886	ARUNA V. PARDESHI	51/F
50	8706	NIKITA R. PATIL	48/F
51	10954	NANDU A.PAGARE	52/M
52	10984	SUNITA S POSHINDE	49/F
53	11242	SANJAY B. SHISATH	41/M
54	11343	SEEMA G. MAHAJAN	41/F
55	11367	KAILAS P. WAGH	48/M
56	11427	RAJNI S. BHOYE	44/F
57	10001	SWATI S. PAWAR	45/F
58	10016	RASIKA P. MAHAJAN	47/F
59	11534	SHIVANSH S. PAWAR	38/M
60	11579	HARIBHAU A. SONAR	51/M
61	11693	UTTAM R. PAGARE	45/M
62	11856	SARLA J. JADHAV	27/F
63	11884	SAVITA R.GAIKWAD	28/F
64	11952	DEEPAK G. THORAT	51/M
65	10473	RANJIT S. DESHMANE	42/M
66	11242	SANJAY B. SHISATH	41/M
67	12059	ARUN P. JADHAV	51/M
68	12077	MADHURI A. NIMKUNDE	21/F
69	10886	ARUNA V. PARDESHI	51/F
70	12383	MANOJ B. SADAFULE	51/M
71	12406	NITA R. MATHE	48/F
72	12440	SAURABH G. KULKARNI	38/M



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73	12453	SHANTA H. LONARE	52/F
74	10886	ARUNA V. PARDESHI	51/F
75	11427	RAJNI S. BHOYE	44/F
76	12633	SMITA R. POTINDE	34/F
77	12669	MANUSH S. KADAM	38/M
78	11579	HARIBHAU A. SONAR	51/M
79	12877	MADHAVI K. MANE	31/F
80	11534	SHIVANSH S. PAWAR	38/M
81	12892	MOHIT N. JAGTAP	44/M
82	11693	UTTAM R. PAGARE	45/M
83	13057	DIVYA R. PATIL	40/F
84	13149	SAHIL P. AHIRRAO	35/M
85	13224	ARVIND G. KORDE	55/M
86	13333	NAMRATA Y. SHINDE	30/F
87	13349	KIRTI R. PARDESHI	24/F
88	13426	GEETA P. UGALE	48/F
89	12633	SMITA R. POTINDE	34/F
90	12669	MANUSH S. KADAM	38/M
91	13540	VIJAY L. KADAM	61/M
92	13632	DIPALI V. SHELKE	45/F
93	13722	USHA R. BHOR	38/F
94	11758	ASHOK P.PATHAK	68/M
95	13785	MAHESH S. NIKAM	28/M
96	13860	PRATIK S. MAHALE	26/M
97	13894	RENUKA S. MARATHE	47/F
98	13880	VAISHNAVI S. BHOSALE	27/F
99	13970	RAJESH P. SHIRSATH	48/M
100	14046	AARESH R. SAKHARE	42/M
101	12440	SAURABH G. KULKARNI	38/M
102	12453	SHANTA H. LONARE	52/F
103	10954	NANDU A.PAGARE	52/M
104	10984	SUNITA S. POSHINDE	49/F
105	14154	YOGESH B. KAPADIYA	35/M
106	11343	SEEMA G. MAHAJAN	41/F
107	11367	KAILAS P. WAGH	48/M
108	14319	ABHIJEET S. SALVE	42/M
109	13555	DEVDRAM M. RANADE	55/M
110	13540	VIJAY L. KADAM	61/M
111	14619	MADHURI V. MORE	47/F



112	14822	KESHAV V. DHUPE	56/M
113	14154	YOGESH B. KAPADIYA	35/M
114	15154	SONALI S. PISE	33/F
115	13722	USHA R. BHOR	38/F
116	15304	VEENA A. DESALE	24/F
117	15415	DIVYA R. PATIL	48/F
118	15432	RAMCHANDRA G. MANE	56/M
119	13632	DILIP V. SHELKE	37/M
120	13970	RAJESH T. SHIRSATH	48/M
121	15528	DHANAJI N. VASAVE	53/M
122	15616	RAKESH S. DESALE	53/M
123	15688	SAKSHI V. KALE	27/F
124	15791	PRATAP N. SHINDE	58/M
125	16020	ARCHANA V. KASBE	43/F
126	16180	PRADIP M. NANDE	40/M
127	16398	SADHANA M. BASTE	53/F
128	16464	SHIVANI S. SATPUTE	38/F
129	16521	NISHA S. KALE	29/F
130	15458	VIDYA K. PARSEKAR	50/F
131	16649	DIPALI V. SONAWANE	51/F
132	16937	NILAM S. KAJALE	46/F
133	17022	ROHINI A. SALI	42/F
134	17440	MANASI V. PATIL	38/F
135	17174	PRIYANKA M. PTIL	51/F
136	17614	VISHAKHA A. DESHMUKH	38/F
137	17688	OMPRAKASH H. NAVLE	51/M
138	17729	RAJANI D. KALE	47/F
139	17802	NIVEDITA M. DESHMUKH	48/F
140	17904	MANOJ R. NIKAM	42/M
141	17994	ALKA V. PATIL	51/F
142	18090	ANANT S. PANDHARE	51/M
143	18201	JYOTI B. JAGDALE	48/F
144	18298	SUJIT V. DARADE	37/M
145	18401	MANGESH D. DEORE	47/M
146	18442	RAJESH A PAWAR	36/M
147	18507	RADHABAI N. SALUNKE	54/F
148	18598	SHYAMPRAKASH GAVIT	27/M
149	18614	SAKSHI R. CHAUDHARI	23/F



**Principal**  
**Vd. Milind Babarao Aware**  
 Shree Saptashringi Ayurved  
 Mahavidyalaya & Hospital, Nashik

**H. O. D.**  
**Swasthavritta Dept.**  
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## RITUCHARYA OPD PATIENTS LIST 2023

SR. NO.	CR OPD NO.	NAME OF PATIENT	AGE/SEX
1	2697	MANOJ S. WAGH	32/M
2	4385	KAJAL P. BHOSALE	27/F
3	4644	RAMDAS P.GUNJAL	59/M
4	4926	SWATI A. SHINDE	27/F
5	6655	SHIVANI D. MATE	38/F
6	7794	SANKET A. THORAT	22/M
7	8070	KOMAL P. SHEWALE	28/F
8	8298	LAXMAN R. PAWAR	55/M
9	8307	CHETAN R. DEORE	52/M
10	8796	AYUSH G. SHINDE	48/M
11	9022	MANGAL Y. PINGLE	58/F
12	9328	MAHESH N. SHINDE	61/M
13	9425	SAPNA N. SONAWANE	22/F
14	9494	VANDANA V. PATIL	23/F
15	9622	HARI S. PATEKAR	21/M
16	9811	VIVEK A. KOLI	32/M
17	8298	LAXMAN R. PAWAR	55/M
18	8307	CHETAN R. DEORE	52/M
19	9494	VANDANA V. PATIL	23/F
20	10001	SWATI S. PAWAR	45/F
21	10016	RASIKA P. MAHAJAN	47/F
22	12854	SANVI R. CHAVHAN	22/F
23	14439	BHARAT U. PATIL	49/M
24	14467	SAKSHI V. BENDALE	28/F
25	14619	MADHURI V. MORE	47/F
26	14706	MANASI S. PAWAR	32/F
27	14901	JITESH A. ISANE	53/M
28	15135	RAMKUMAR D. RAJGURU	45/M
29	15105	AJAY V. KARMASE	51/M
30	15201	RAJIV S. BODAKE	50/M
31	15327	NITIN B. LAVATE	42/M
32	15485	SUJATA N. NAVLE	49/F
33	15598	MINAKSHI A. KAPADOYA	47/F



34	15817	CHITRA A. KALE	48/F
35	15893	KANAK V. JOSHI	25/F
36	16123	TEJAS P.MAHAJAN	27/M
37	16537	NITIN D. PARDESHI	56/M
38	16605	MANOHAR M. JADHAV	48/M
39	16723	RADHA U. PRAJAPTI	42/F
40	16775	VIKAS M. KALE	54/M
41	16847	PAYAL V. GAIKWAD	35/F
42	17022	ROHINI A. SALI	42/F
43	17250	AKASH P.MAHAJAN	28/M
44	17440	MANASI V. PATIL	38/F
45	17527	NARAYAN D. JADHAV	51/M
46	17646	AKSHAY V. KACHRE	37/M
47	17729	RAJANI D. KALE	47/F
48	17826	SARANG N. JOSHI	28/M
49	18442	RAJESH A PAWAR	36/M



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Department (O.P.D.) Register

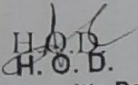
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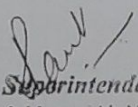
CERTIFICATE

This is to certify that, this Register contains Pages 01 to 300

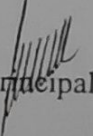
This Register is utilised for Swasthavritta OPD Registree.

purpose. For Academic Year 2023 Dated from 1<sup>st</sup> January.

  
H. O. D.  
Swasthavritta Dept.  
S.S.A.M. & H. Nashik

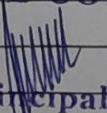
  
Superintendent  
S.S.A.M. and H. NASHIK

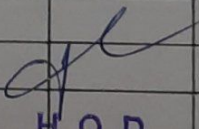


  
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Vd. Milind Babarao Aware  
Shree Saptashringi Ayurved  
Mahavidyalaya & Hospital, Nashik



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Mahavidyalaya, Nashik

  
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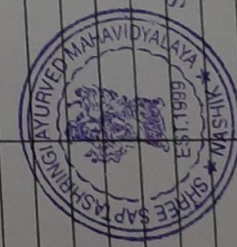
**SHREE SAPTA RUNGI AYURVED**  
Kai. Nagar, Hirawadi, Panchavati,  
**Department Wise Out Patient**

**MAHAVIDYALAY & HOSPITAL, NASHIK.**  
Nashik - 422 003. ☎ 2621565  
**Department (O.P.D.) Register**

Sr. No. अ.क्र.	Ct. No. O.P.D. Central Register No. केंद्रीय नोंदणी बाह्यरुग्ण क्रमांक	Monthly Register No. मासिक क्रमांक	Annual Reg. No. वार्षिक क्र.	Full Name of Patient's रुग्णाचे संपूर्ण नाव	Full Address संपूर्ण पत्ता	Age वय	Sex लिंग	Provisional Diagnosis संभाव्य निदान	New Patient नवे रुग्ण	Old Patient जुने रुग्ण	Remark शेर
		Date -	02/10/2023.	(Monday)							
1	058	01	01	श्रीमती सावित्री परिके	शोभावाडी	32	F	✓	✓		आरोग्य
2	78	2	2	श्रीमती उज्वल सपकाळे	SSDनाथ	42	M	✓	✓		आरोग्य
3	126	3	3	श्रीमती वसुंधरा गोळे	वाळिकेनाथ	48	F	✓	✓		आरोग्य

*[Signature]*  
**H.O.D.**  
**Swasthavritta Dept.**  
**S.S.A.M. & H. Nashik**

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**Principal**  
**Shree Saptarungi Ayurved**  
**Mahavithavata, Nashik**



OPD	(SWASTHYA)		SEX		AGE	
	M	F	M	F	Old	Old
0-6						
5-15						
16-45	1					2
45-60						
60 & above						
Total	1					
Grand Total	3					

Swasthya OPD	
सुख व्यायाम	-
अभ्यास	1
मासासन	-
ध्यान	-
युक्तिस्नान	-
दिनचर्या	-
रूपचर्या	-
सद्वृत्त	1
अपार सनातन	-



## 8.1.4

Steps adopted by the institution towards implementation of Swasthvritta activities such as Dincharya, Ritucharya, Achar Rasayana, Sadvritta in last five years.

Institute has established a separate Swasthya opd to treat the patient with life style diseases last five years.

2021-2022



# SHREE SAPTASHRUNGI AYURVED MAHAVIDYALAYA & HOSPITAL

Kamal Nagar, Hirawadi, Panchavati, Nashik - 422 003. | Tel.: (0253) 2621565 (College) | (Hosp.) 2518548  
Fax : (0253) 2621638 • E-mail : ssamnsk@gmail.com • website : www.ssam.in

## ACHAR RASAYAN OPD PATIENTS LIST 2022

SR NO.	CR OPD NO	NAME OF PATIENT	AGE/SEX
1	806	RAJESH M DUMANE	52/M
2	1864	AJAY B GADHAVE	39/M
3	2046	ROHAN K DHAGE	40/M
4	2654	AJWAL N NANDAN	40/M
5	2908	UMESH N SARVE	48/M
6	3137	SNEHAL A VANARE	45/F
7	4726	NAMDEV G GUNJAL	58/M
8	5274	SAMAJI R SONAWANE	40/M
9	5566	VALMIK S MAHAJAN	36/M
10	6264	SAMEER M GAWALI	50/M
11	6422	MUKESH R GAIKWAD	50/M
12	7343	YOGESH S SHELAR	48/M
13	7440	SUKESH D WAGH	15/M
14	8083	HEMANT D CHAUDHARI	45/M
15	8253	MAGAN S CHAUDHARI	38/M
16	8304	DIVYA A PATIL	28/F
17	8807	SANGITA S NIKAM	45/F
18	10621	SUSHILA KAMBALE	50/F
19	11485	DAGADU S PARAB	41/M
20	12373	NARAYAN P SHINDE	40/M
21	14346	DIMPLE A SHINDE	24/F
22	14417	GAUTAMI R SHIRSATH	23/F
23	15818	PAWAN S NIKAM	31/M
24	18709	SAYLEE G GAVANDE	19/F
25	19614	RAM S WAGH	40/M
26	20412	AKHILESH R JADHAV	47/M
27	21491	SACHIN R PATIL	40/M
28	24618	RAMKRUSHNA V PAGAR	30/M
29	25517	RAJESH S KAMAT	40/M
30	27752	NIKITA J PATIL	29/F
31	28180	SHIVSHANKAR S KOKAN	62/M



**Principal**

Vd. Milind B. Parao Aware  
Shree Saptashrungi Ayurved  
Mahavidyalaya & Hospital, Nashik

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S.S.A.M. & H. Nashik



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## SADVRITTA OPD PATIENTS LIST 2022

SR NO.	CR OPD NO	NAME OF PATIENT	AGE/SEX
1	1771	SOORAJ V PAWARA	21/M
2	2001	MAURI S MASALKAR	28/F
3	2097	RADHIKA M SHIRKE	28/F
4	2236	RITWIK S JAHAGIRDAR	32/M
5	2245	BHUMI P PATIL	19/F
6	2332	SAMIKSHA S AHIRE	20/F
7	3292	SANTOSH G GORE	30/M
8	3723	GURUDAS R SODI	51/M
9	4820	RENUKA S PATIL	34/F
10	5911	VINAY M PATIL	30/M
11	7059	KAVIRAJ S PATIL	29/M
12	7698	VISHAL R KALE	30/M
13	8094	VILAS T PATIL	40/M
14	8285	MANISHA A DEORE	32/F
15	9275	DEEPAK S SALUNKE	28/M
16	11018	POOJA R SHRAMA	25/F
17	11823	VISHAL S KOLI	25/F
18	16065	VISHAL S DABHADE	27/M
19	17253	PRASHANT C NARVADE	45/M
20	18846	SHRIDHAR R PATIL	25/M
21	20729	SOHAM S NAGALKAR	24/M
22	21755	VISHWAS S GAIKWAD	40/M



**Principal**  
Vd. Milind Babarao Aware  
Shree Saptashrungi Ayurved  
Mahavidyalaya & Hospital, Nashik

**H. O. D.**  
Swasthavritta Dept.  
S.S.A.M. & H. Nashik



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## DINCHARYA OPD PATIENTS LIST 2022

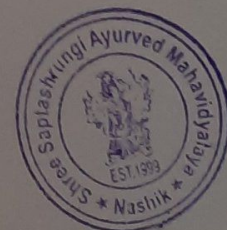
SR NO.	CR OPD NO	NAME OF PATIENT	AGE/SEX
1	100	RAMESH R SHELKE	48/M
2	678	MANIK P DESHMUKH	42/M
3	924	ABHIJEET R DIGHE	40/M
4	1573	NITA A MALI	30/F
5	1848	VAIBHAV D KAVALE	41/M
6	2066	ATHARAVA R DESHPANDE	36/M
7	2084	CHINMAY K DESHPANDE	32/M
8	2133	HARSHAL R PATIL	32/M
9	2376	PRANAV S PATIL	47/M
10	2427	JAY V POTE	41/M
11	1756	VAISHNAVI A PAGAR	34/F
12	2851	PRAMOD V DAMODAR	32/M
13	3093	YASHDA R PATIL	41/F
14	3194	CHANDRASEN S PATIL	28/M
15	3274	MOHINI M MORE	30/F
16	3813	BHIKABHAU A SOLANKE	72/M
17	4382	SHIVANI P PATIL	23/F
18	4501	RAJARAM S SOR	34/M
19	4586	VASALABAI M PAWAR	51/F
20	4894	YOGESH S THOKE	43/M
21	5369	AKANSHA S KULKARNI	30/F
22	5453	SUREJ R PATIL	42/M
23	5703	RAJENDRA V PATIL	40/M
24	5754	VISHAL A NAGARE	38/M
25	5917	ARYA N DESHAMUKH	20/F
26	6066	RAMESH S PATIL	50/M
27	6409	SUSHIL S KELKAR	42/M
28	6469	BHAVRAO S HINGOLIKAR	55/M
29	6475	OMPRAKASH O BHATTAD	50/M
30	6540	VAISHNAI R DEORE	32/F
31	6596	RAKESH T PAWAR	42/M
32	6649	DILIP S PATIL	52/M
33	6732	PRABHAKAR S JOSHI	58/M
34	6812	DINESH S AMRUTKAR	28/M
35	6857	MADHUKAR A THAKRE	61/M



36	6888	AKSHAY B CHAVHAN	42/M
37	7158	ROSHAN M PAWAR	33/M
38	7140	MOHINI U KUMAVAT	30/F
39	7448	SUNITA R PARAB	20/F
40	7626	ABHAYA S NIMBALKAR	24/F
41	7703	MAHESH R PARAB	41/M
42	7811	ANANDKUMAR AVASEKAR	35/M
43	7940	AVINASH A CHAVHAN	30/M
44	7944	MANDIRA R KALE	35/F
45	7976	SHIVAJI S WAGH	35/M
46	8925	GULASHAN M PATIL	40/M
47	9089	SANSKRITI Y BETAVATE	29/F
48	9269	MANIKARAO S DESALE	48/M
49	9577	SONUKUMAR D SALI	35/M
50	9583	RAMDAS S BORASTE	48/M
51	9588	VILAS PATIL	42/M
52	9635	DINANATH H DESALE	32/M
53	9730	TUKARAM R KHAIRE	30/M
54	9863	SANSKRITI A KASBE	30/F
55	9987	ASHWINI R GUND	35/F
56	10104	RAOSAHEB AAGALE	37/M
57	10089	RAJKUMAR GODAM	37/M
58	10173	SHIRIN K PATHAN	36/F
59	10457	MAHIMA M CHAOGHULE	46/F
60	10540	SHILA M LANDAGE	51/F
61	10635	SATISH K GOFAVE	33/M
62	10729	PRATIK A KALE	59/M
63	10737	POOJA A MAHAR	32/F
64	10818	YASH K OSJWAL	48/M
65	10952	SAMADHAN D CHAVHAN	30/M
66	11208	MADHUKAR S INGALE	51/M
67	11652	NARESH G PEKHALE	36/M
68	11831	GAURAV S BAGUL	20/M
69	12071	DINESH S OJHA	40/M
70	12334	SANJAY A WAGH	48/M
71	12576	SHWETA R KAYANDE	25/F
72	12775	MITALI D WAGH	26/F
73	12864	VINOD D PAWAR	32/M
74	12997	PANJABRAO N JADHAV	45/M



75	13078	ANITA K CHAVAN	27/F
76	13305	RAMESH N WAGH	34/M
77	13728	ANITA K YADAV	28/F
78	13989	MANISH S KOLI	25/M
79	14335	VISHAL N SOMWANSHI	38/M
78	14655	SANTOSH C PATIL	35/M
79	14723	PRADEEP K KANA WADE	40/M
80	15032	AMRUTA S SONAWANE	28/F
81	15295	GANESH P JADHAV	28/M
82	15506	PRAVIN S MAHAJAN	29/M
83	15608	GANESH R SHIRSATH	32/M
84	16262	PRAKASH R MAHALE	33/M
85	16467	RAKESH A THAKARE	31/M
86	16555	PRAKASH K JADHAV	30/M
87	16669	RAM A DESHMUKH	30/M
88	16767	MAYUR M PATIL	30/M
89	17154	SWARAJ D SAPKALE	34/M
90	17148	NEHA S SHINDE	28/F
91	17269	NILESH B KAKADE	30/M
92	17430	SHEKHAR A SOLANKE	38/M
93	18031	SWAPNALI R DESHAPANDE	28/F
94	18025	RAMDAS K DAHIFALE	42/M
95	18106	SWAPNIL G PAWAR	32/M
96	18201	SANAVI R MOHITE	21/F
97	18358	ARJUN R DESHAMUKH	36/M
98	18464	NIRAJ A PADUSE	18/M
99	18702	RAMESH P SONAR	40/M
100	18909	SURESH R BAVISKAR	45/M
101	19148	RAMESHWAR R PUROHIT	38/M
102	19573	ATISH R DESHMUKH	22/M
103	19885	RUGVED A SANAP	21/M
104	19900	RAJARAM K JADHAV	26/M
105	19990	SUKHADEV S NAFALE	34/M
106	20001	ADITI N KATALE	31/F
107	20114	SAMEEKSHA S JADHAV	24/F
108	20319	NEHA A RAJPUT	31/F
109	20532	MYANK U PUROHIT	30/M
110	20856	SURVAREKHA A DESHMUKH	43/F
111	20931	KRUSHNA S DESHAMUKH	31/M



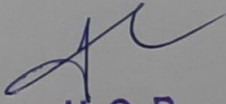
112	21010	NARAYAN N DHAMANE	67/M
113	21030	SURAJ A JAGTAP	35/M
114	21117	RAHUL V BHAMARE	30/M
115	21232	SHIVAJI R KOLI	32/M
116	21278	ANAD T WAGH	48/M
117	21410	GANESH R DESHMUKH	45/M
118	21659	RAM P MISHRA	30/M
119	22080	ROHINI R DESHMUKH	32/F
120	22093	BHAUSAHEB M MORADE	40/M
121	22145	SUYOG R DESHMUKH	40/M
122	22160	PRAKASH M YADAV	40/M
123	22712	ROHINI A WAGH	20/F
124	22331	VILAS S VYAS	46/M
125	22349	DIPALI A PATIL	25/F
126	22614	DILIP H SASANE	45/M
127	22653	AKSHAY S SHIRSATH	31/M
128	22830	GOVIND B AHIRE	58/M
129	22900	RAM S SATHE	35/M
130	22960	SATISH P KASAR	40/M
131	23008	AVINASH R MORE	40/M
132	23029	SANKET R RATHOD	33/M
133	23166	ATHARVA L SURYAWANSHI	30/M
134	23251	AMRUTA R PAROLEKAR	35/F
135	23259	SHRAVANI S KALE	28/F
136	23353	SANAJAY A BAVASIR	48/M
137	23363	VINOD G DESHMUKH	25/M
138	23459	SUVARNA R JADHAV	25/F
139	23479	RATNERA D SHARMA	35/M
140	23570	DINESH R PAWAR	26/M
141	23008	AVINASH R MORE	40/M
142	23658	SUSHMA A PATIL	30/F
143	23710	KAVERI CHAVAN	25/F
144	23733	SHIVANGI S NIKAM	36/F
145	23746	DIPALI S SASANE	30/F
146	23772	UDAY S YADAV	25/M
147	23836	VIPUL G SABLE	32/M
148	23854	RAMESH V RAJPUT	29/M
149	23929	ANITA V MORE	40/F
150	24035	RAJESH P RAUT	38/M



151	24480	RAMAKANT M OLI	38/M
152	24688	DINESH A KALE	40/M
153	24907	RAMDAS V AHIRE	30/M
154	24971	RAHUL P SHEWALE	35/M
155	25260	SURESH V LONDHE	32/M
156	25872	MANISH R NATHANE	41/M
157	26305	ABOLI D JOSHI	18/F
158	26526	SUSHANT S MAHALE	42/M
159	26734	DIPAK N SABALE	42/M
160	27299	VIJAY M KULKARNI	50/M
161	27722	ASHISH R DESHMUKH	38/M
162	26451	HEMAVATI D MAGESHKAR	62/F
163	27206	SUSHIKABAI R TAYADE	62/F
164	27418	HARSHAL D SATPUTE	33/M
165	27524	VINOD M PANDE	32/M



**Principal**  
Vd. Milind Babarao Aware  
Shree Saptashringi Ayurved  
Mahavidyalaya & Hospital, Nashik

  
**H. O. D.**  
Swasthavritta Dept.  
S.S.A.M. & H. Nashik





## RITUCHARYA OPD PATIENTS LIST 2022

SR NO.	CR OPD NO	NAME OF PATIENT	AGE/SEX
1	429	JYOTI A MORE	20/ F
2	554	RAMCHANDRA S JADHAV	30/M
3	2183	PURVA D CHAFEKAR	30/F
4	2348	DHANASHREE A WALE	21/F
5	2846	ROHINI P HIWALE	24/F
6	3018	VEDIKA A BHADANE	38/F
7	3387	MOHINI M MANSE	24/F
8	4799	PIYUSH B CHAUDHARI	26/M
9	5066	SANJIVANI D KALHAIR	33/F
10	5179	AKASH B SHINDE	29/M
11	5469	RAMA R SONAWANE	40/F
12	5679	AJAY V NAGRE	30/M
13	5902	RUPALI M BHAMARE	35/F
14	6105	MANSI N KASAR	32/F
15	6446	SUSHIL S SABLE	36/M
16	7176	PUSHKARAJ R PATIL	28/M
17	7309	JITEN H GANDHI	50/M
18	7386	VILAS U SHELKE	50/M
19	7610	NISHAD R FATAK	30/M
20	7813	MADHUKAR N KAMTE	40/M
21	7891	KAVYA D CHAUDHARI	22/F
22	7924	KUNADAN N SURYA WANSI	27/M
23	8299	SURESH N MAHAJAN	28/M
25	8531	KRUSHNA D SOMA WANSI	28/M
26	8719	VIHAN M KEDARE	22/M
27	9083	VILAS R WAGH	30/M
28	9167	VISHAL P WAGH	28/M
29	9411	SAGAR V MAHAJAN	28/M
30	10914	KANCHAN Y BODAKE	24/F
31	11106	SHRIKANT A CHAUDHARI	28/M
32	11274	MANAV A SONAWANE	31/M
33	11448	MINAKSHI P NAGALA	21/F
34	12129	PREETI R VYAS	25/F
35	13730	RATAN R SHARMA	32/M

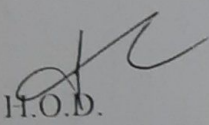


36	13743	AVINASH K SONAVNE	29/M
37	13808	AKSHAY H PATIL	28/M
38	13820	DISHA S MANE	22/F
39	14223	ASHWINI B DESHMUKH	32/F
40	14318	CHETANA R SONAR	29/F
41	14550	SHAKUNTALA V DEORTE	25/F
42	14939	BHAGYASHREE A SONAWANE	28/F
43	15378	ANIL M PATIL	29/M
44	15701	SHARVARI S MARATHE	28/F
45	15797	VIJAY A PATIL	29/M
46	15909	SARALA V MEHETRE	28/F
47	15995	SHIVANSHI U ZIRWAL	25/F
48	16472	KAVITA R THORAT	28/F
49	16681	AKASH P DESHPANDE	28/M
50	16753	MOHINI A DESHMUKH	25/F
51	17000	PRIYANKA S MORE	28/F
52	17006	SANTOSH K DESHPANDE	20/M
53	17677	VARSHA S SANAP	52/F
54	17754	LAKSHA P GODAMBE	52/M
55	17759	SANDIP R TIWARI	40/M
56	17865	AJAY D MANE	30/M
57	18276	PRAJKTA G GAVANDE	19/F
58	18516	ARJUN M NAVALE	24/M
59	19152	GOKUL D ABHANG	42/M
60	20089	DNYANESHWAR R WAGH	40/M
61	20099	DILIP N JOSHI	29/M
62	20306	LAKSHAM S WANKHEDKAR	52/M
63	23151	HEMANT L BOHARA	28/M
64	23908	RASHMI R THAKARE	24/F
65	24651	VILAS N WAGH	35/M
66	24903	PRIYA R SAWANT	20/F
67	24991	SAYLEE S WAGH	31/F
68	25165	TANISHK D SASANE	20/M
69	25891	AKANKSHA M ADAV	18/F
70	26126	SARALA B JOSHI	42/F
71	26325	HARSHAL C PHAD	18/M
72	27191	MAHADEV V KATKAR	62/M
73	27645	UDAY C GAIKWAD	20/M
74	27976	JANHAVI R NATHANI	33/F



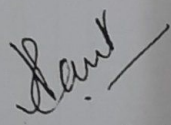
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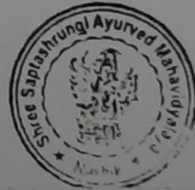
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This Register is utilised for OPD Register - (Swasthavritta)  
purpose. For Academic Year 2022 Dated from 01 Jan 2022

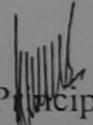
  
H.O.D.

H. O. D.

Swasthavritta Dept.  
S.S.A.M. & H. Nashik

  
Superintendent  
S.S.A.M. and H. NASHIK



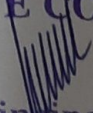
  
Principal

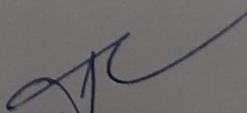
Principal

Dr. Milind Babarao Aware  
Saptashringi Ayurved  
Mahavidyalaya & Hospital, Nashik



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Principal  
Shree Saptashringi Ayurved  
Mahavidyalaya, Nashik

  
H. O. D.  
Swasthavritta Dept.  
S.S.A.M. & H. Nashik



Subject Swasthavritta Pustak

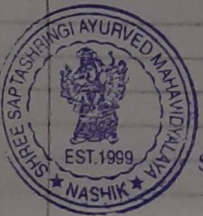
Department (O.P.D.) Register

Sr. No.	Cr. No. OPD Central Register No.	Monthly Register No.	Annual Reg. No.	Full Name of Patient's	Full Address	Age	Sex	Provisional Diagnosis	New Patient's	Old Patient's	Remarks
क्र. नं.	केंद्रीय नोंदणी क्रमांक	मासिक क्रमांक	वार्षिक क्र.	रुग्णाचे संपूर्ण नांव	संपूर्ण पत्ता	वय	लिंग	संभाव्य निदान	नवे रुग्ण	जुने रुग्ण	शेरा
Jan 22			Feb 22			March 22					
Swasthya OPD			Swasthya OPD			Swasthya OPD					
सुख व्यायाम	7	सुख व्यायाम	10	सुख व्यायाम	11						
आराम	20	आराम	18	आराम	19						
प्राणायाम	9	प्राणायाम	11	प्राणायाम	2						
ध्यान	7	ध्यान	8	ध्यान	5						
सूर्यनस्कार	6	सूर्यनस्कार	2	सूर्यनस्कार	4						
दिनघर्षा	11	दिनघर्षा	9	दिनघर्षा	19						
कतुघर्षा	4	कतुघर्षा	4	कतुघर्षा	11						
सद्वृत्त	6	सद्वृत्त	3	सद्वृत्त	2						
आधार रसायन	4	आधार रसायन	3	आधार रसायन	6						
= (74)			= (68)			= (79)					

April 22		May 22		June 22	
Swasthya OPD		Swasthya OPD		Swasthya OPD	
सुख व्यायाम	14	सुख व्यायाम	9	सुख व्यायाम	7
आराम	14	आराम	16	आराम	25
प्राणायाम	6	प्राणायाम	16	प्राणायाम	12
ध्यान	3	ध्यान	4	ध्यान	7
सूर्यनस्कार	2	सूर्यनस्कार	1	सूर्यनस्कार	4
दिनघर्षा	12	दिनघर्षा	16	दिनघर्षा	12
कतुघर्षा	10	कतुघर्षा	4	कतुघर्षा	7
सद्वृत्त	4	सद्वृत्त	0	सद्वृत्त	1
आधार रसायन	4	आधार रसायन	2	आधार रसायन	2
= (69)		= (68)		= (77)	

July 22		Aug 22		Sept 22		Oct 22		Nov 22		Dec 22		2022	
Swasthya OPD		Swasthya OPD		Swasthya OPD		Swasthya OPD		Swasthya OPD		Swasthya OPD		Swasthya OPD	
सुख व्यायाम	5	सुख व्यायाम	7	सुख व्यायाम	7	सुख व्यायाम	7	सुख व्यायाम	5	सुख व्यायाम	15	सुख व्यायाम	104
आराम	19	आराम	17	आराम	15	आराम	15	आराम	11	आराम	25	आराम	214
प्राणायाम	15	प्राणायाम	9	प्राणायाम	19	प्राणायाम	11	प्राणायाम	11	प्राणायाम	12	प्राणायाम	133
ध्यान	6	ध्यान	2	ध्यान	5	ध्यान	4	ध्यान	1	ध्यान	6	ध्यान	55
सूर्यनस्कार	2	सूर्यनस्कार	1	सूर्यनस्कार	2	सूर्यनस्कार	5	सूर्यनस्कार	5	सूर्यनस्कार	2	सूर्यनस्कार	36
दिनघर्षा	11	दिनघर्षा	11	दिनघर्षा	15	दिनघर्षा	19	दिनघर्षा	24	दिनघर्षा	6	दिनघर्षा	165
कतुघर्षा	10	कतुघर्षा	8	कतुघर्षा	4	कतुघर्षा	1	कतुघर्षा	5	कतुघर्षा	6	कतुघर्षा	74
सद्वृत्त	1	सद्वृत्त	1	सद्वृत्त	2	सद्वृत्त	1	सद्वृत्त	1	सद्वृत्त	1	सद्वृत्त	22
आधार रसायन	2	आधार रसायन	1	आधार रसायन	2	आधार रसायन	1	आधार रसायन	2	आधार रसायन	2	आधार रसायन	81
= (70)		= (67)		= (69)		= (64)		= (64)		= (75)		= 834	



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Principal  
Shree Saptashringi Ayurved  
Mahavidyalaya, Nashik

H.O.D.  
Swasthavritta Dept.  
S.S.A.M. & H. Nashik

H.O.D.  
Swasthavritta Dept.  
S.S.A.M. & H. Nashik



Subject Swasthi

Department (O.P.D.) Register

Sl. No.	Dr. No. O.P.D. Central Register No. केंद्र नं. केंद्र नं.	Monthly Register No. मासिक नं.	Annual Reg. No. वार्षिक नं.	Full Name of Patient's सनाचे संतुर्न नां	Full Address सतुर्न पत्ता	Age वय	Sex लिंग	Provisional Diagnosis संभाव्य निदान	New Patient's नवे रुग्ण	Old Patient's जुने रुग्ण	Remarks शेरा
	Date - 01/01/2022		(Saturday)								
1	039	01	01	अश्विनी गोविंद पवार	मंगापूरकोठ	32	F	स्त्रीरोग	✓		ज्वर
2	62	2	2	अश्विनी वसुंधरा ठाकूर	रुपतार	46	F	जळसायकेल	✓		
3	76	3	3	उमा तुळाराम खिरे	मयसनावाजनाका	58	F	वाढिल	✓		
4	100	4	4	रमेश राहुळ केळकर	सिधेशानगर	48	M	DM	✓		दिनादर्श
5	139	5	5	शिवाजी अरुण मेखे	अडिनगर	42	F	वाढिल	✓		
6	166	6	6	सुदर्शन रामराम वाघ	अहाराय	46	M	स्त्रीरोग	✓		सुखवापर
7	173	7	7	विक्रम ठाकूरदास मोहन	पारक	40	M	स्त्रीरोग	✓		ग्राम



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 Mahavidyalaya, Nashik

H. O. D.  
 Swasthavritta Dept.  
 S.S.A.M. & H. Nashik

Swasthya OPD	
रुग्ण व्यापन -	1
अरुण -	1
प्रलापन -	-
प्यान -	-
सुर्जनप्रकार	-
दिनादर्श	1
रुग्णवर्षा -	-
रादवृत्त -	-
आपार रसायन -	-

OPD	MALE		FEMALE	
	New	Old	New	Old
0-5				
5-15				
15-45	1	0	3	0
45-60	2	0	1	0
60 & above	0	0	0	0
Total	3	-	4	-
Grand Total	7		4	

(01/01/2022 - Sunday)

## 8.1.4

Steps adopted by the institution towards implementation of Swasthvritta activities such as Dincharya, Ritucharya, Achar Rasayana, Sadvritta in last five years.

Institute has established a separate Swasthya opd to treat the patient with life style diseases last five years.

2020-2021



# SHREE SAPTASHRUNGI AYURVED MAHAVIDYALAYA & HOSPITAL

Kamal Nagar, Hirawadi, Panchavati, Nashik - 422 003. | Tel.: (0253) 2621565 (College) | (Hosp.) 2518548  
Fax : (0253) 2621638 • E-mail : ssamnsk@gmail.com • website : www.ssam.in

## ACHAR RASAYAN OPD PATIENTS LIST 2021

SR.NO	CR.NO.O.P.D	NAME OF PATIENT	AGE/SEX
1	241	ROHIT V. PATIL	52/M
2	1736	SUCHITA N. WAGH	30/F
3	2630	PRAMILA A SHINDE	24/F
4	4599	TARACHANDRA KHIVANSARA	58/M
5	5163	DEVENDRA S PASHTE	54/M
6	5327	SHALIKRAM I. DESHPANDE	51/M
7	6512	DEV S CHAUDHARI	48/M
8	7021	RAGHAV J PATIL	42/M
9	7112	YASH V SAWANT	28/M
10	7233	ASHOKRAO V PATIL	50/M
11	7529	MANOHAR A MORE	32/M
12	7778	MAHESH K YADAV	44/M
13	8511	SAMADHAN R PATHARE	62/M
14	8854	HARIBHAU K KADAM	63/M
15	8957	OVI N BARATHE	17/F
16	9100	RAJENDRA R SALUNKHE	42/M
17	9417	RAJESH G SAWANT	59/M
18	10837	KAVITA S VANI	30/F
19	12145	TARACHAND R CHANDAK	67/M
20	12490	DAGUBAI P REVASE	65/F
21	13030	VYANKATESH S SONATAKKE	50/M
22	18906	RAKHMABAI V MORE	67/F
23	20453	VISHAL P DIVE	21/M
24	22324	SATISH P SHINDE	50/M
25	22775	MAYANK S PAWAR	28/M
27	24338	PANDURANG S PAGAR	62/M



**Principal**  
Vd. Milind Babarao Aware  
Shree Saptashrungi Ayurved  
Mahavidyalaya & Hospital, Nashik

**H.O.D.**  
Swasthavritta Dept.  
S.S.A.M. & H. Nashik



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Kamal Nagar, Hirawadi, Panchavati, Nashik - 422 003. | Tel.: (0253) 2621565 (College) | (Hosp.) 2518548  
Fax : (0253) 2621638 • E-mail : ssamnsk@gmail.com • website : www.ssam.in

## SADVRITTA OPD PATIENTS LIST 2021

SR.NO.	CR.NO.O.P.D.	NAME OF PATIENT	AGE/SEX
1	65	TUKARAM D. SATDIVE	53/M
2	906	LATA D. CHAVAN	56/F
3	3729	AMIR D KANARIYA	30/M
4	3874	SHOHAIBH AKHTAR	62/M
5	4229	AMOL K AHIRRAO	29/M
6	4307	RAJESH P SATHE	22/M
7	5179	ALI B SHADAB	18/M
8	6506	ZUBAIR I HAKSAR	41/M
9	7161	MITESH B AVCHATE	32/M
10	7514	PAVAN V DESHMUKH	40/M
11	8097	AMINA M PATHAN	22/F
12	8273	KAUTUKRAO C PATIL	65/M
13	8572	ATHARVA G KARPE	24/M
14	9335	SAVITA M PAGAR	40/F
15	9722	ATUL P GANGURDE	29/M
16	10244	BHARAT R DAGADE	60/M
17	11463	HARIBHAU S DEORE	65/M
18	11509	TUKARAM D PATHIDAR	68/M
19	13370	SUBHASH V. INAMDAR	40/M
20	13870	GAHILAL H JOSHI	50/M
21	19170	MADHUKAR T JOSHI	59/M
22	20584	POONAM S MALI	28/F
23	22000	SULOCHANA P PUROHIT	20/F
24	22041	SUDHAKAR R KSHIRSAGAR	42/M
25	22789	MACHINDRA D CHAVAN	64/M



**Principal**  
Vd. Milind B. Barao Aware  
Shree Saptashrungi Ayurved  
Mahavidyalaya & Hospital, Nashik

**H. O. D.**  
Swasthavritta Dept.  
S.S.A.M. & H. Nashik





# SHREE SAPTASHRUNGI AYURVED MAHAVIDYALAYA & HOSPITAL

Kamal Nagar, Hirawadi, Panchavati, Nashik - 422 003. | Tel.: (0253) 2621565 (College) | (Hosp.) 2518548  
Fax : (0253) 2621638 • E-mail : ssamnsk@gmail.com • website : www.ssam.in

## DINCHARYA OPD PATIENTS LIST 2021

SR.NO.	CR.NO.O.P.D.	NAME OF PATIENT	AGE/SEX
1	482	VISHAL S. GODASE	28/M
2	1160	VIVEK K. JAGTAP	52/M
3	1212	MANISH S. AMODKAR	32/M
4	13370	SUBHASH V. INAMDAR	40/M
5	1633	KAVYARAJ H. PATIL	43/M
6	1596	KUNAL G. PAWAR	20/M
7	1736	SUCHITA N. WAGH	30/F
8	1806	PARTH Y. PAWAR	23/M
9	1818	VISHAL R. PATAOLE	25/M
10	2033	RAJSHARI S. NIKAM	34/F
11	2116	SUDHAKAR V. BANAYIT	44/M
12	2106	ANIL T. WAGH	34/M
13	2176	YASHRAJ R. HIRE	40/M
14	2336	HARSHWARDHAN R. PATE	43/M
15	2436	SOMNATH P.SONAWANE	54/M
16	2516	SANJAY M AWARE	67/M
17	2531	RAJAN S PAWARA	42/M
18	2767	AJIT S DESHMUKH	27/M
19	2786	YOGENDRA S JADHAV	56/M
20	2833	MADHAV R JAGDALE	52/M
21	3006	SHANTARAM R UGALE	45 /M
22	3098	REVA T MARATHE	17/F
23	3201	DHANANJAY S PAWAR	30/M
24	3363	VAISHALI M RATHE	30/F
25	3398	SHREYA S MAHAJAN	18/F
26	3559	RAMESH A DESHMUKH	45/M
27	3448	KISHOR S JAGTAP	42/M
28	3690	CHINMAY S BORHADE	31/M
29	3757	AKSHAY N RANE	38/M
30	3765	RAJENDRA S JOSHI	48/M
31	3925	ARVIND M MALI	40/M
32	4001	HEMANGI A JADHAV	28/F
33	4033	SADIKA A SHAIKH	42/F
34	4389	PRAVIN S YADAV	28/M
35	4695	PRIYANKA R VADGULE	34/F



36	5019	PRASHANT S RAJPUT	38/M
37	5135	SHRADHHA S KUTE	28/F
38	5250	RAMESHWAR C KOLASMI	31/M
39	5344	NILKANTH K VASAVRAJ	30/M
40	5359	SAKHARAM S RAJWADE	44/M
41	5559	SHANTABAI M. KANE	36/F
42	5660	ATMARAM M RANADE	44/M
43	5738	LOKESH R PAGAR	59/M
44	5825	SURESH M RAJAN	34/M
45	6067	SHIVSNI S SUTAR	32/F
46	6264	MAYURI R KHAIRNAR	38/F
47	6279	SHRADHHA K PATIL	31/F
48	6535	PALLAVI A SAIKHEDKAR	49/F
49	6578	SHABANA M ALI	39/F
50	6697	VISHAKHA A SHINDE	30/F
51	6823	RAVINDRA V PATIL	28/M
52	6940	VANDANA S PAWAR	32/F
53	7142	VIDYA R BACHHAV	28/F
54	7216	LILABAI P SALUNKHE	43/F
55	7273	SAGAR K BADAVNE	30/M
56	7431	SOHELKHAN A SHAIKH	32/M
57	7610	SUBHASH P JAGTAP	32/M
58	7869	GAUTAMI V SHINDE	30/F
59	7965	RAGHAV S BORHADE	39/M
60	8020	AASIK A SHAIKH	28/M
61	8135	PRATHAMESH R KUTE	30/M
62	8334	AMBIKA C DESHMUKH	38/F
63	8433	DEVENDRA V DEORE	49/M
64	8794	ATHARVA S JAGTAP	32/M
65	8889	KISHOR V MANDALIK	29/F
66	8952	MAYUR S DAVARE	30/M
67	9076	GOVIND H MORE	28/M
68	9315	KAUSAR M SHAIKH	38/F
69	9582	SHREELAKSHMI S PATIL	29/F
70	9668	PURUSHOTTAM S GADAKARI	58/M
71	9736	PRATI KSHA A WAGH	34/F
72	9951	SAYALI P THAKUR	20/F
73	9998	PRATHAM S MORE	42/M
74	10108	SACHIN R WAGH	35/M



75	10234	SHIVAJI T BORASE	65/M
76	10296	MANOJ M PANDE	40/M
77	10359	MEENA L VARMA	47/F
78	10446	REENA D BANKAR	29/F
79	10510	YASH P MATE	23/M
80	10572	FULCHNAD S LOHADE	47/M
81	10593	DATTA A WAMAN	31/M
82	10715	RUPABAI G SORE	68/F
83	10737	ASHA S SHELKE	47/F
83	10859	PRALHAD K SAIKHEDKAR	42/M
84	10899	PANDHARINATH K SAGAR	34/M
85	11014	ANUSAYA K GURAV	71/F
86	11030	NITIN S BAGUL	27/M
87	11135	MALTI R JOSHI	65/F
88	11563	BHARAT K RATHOD	52/M
89	11626	MANSAJI S PATHIK	49/M
90	11720	PRAKASHRAO S SHHINDE	46/M
91	11948	ASHOK R SOMASE	45/M
92	12014	PRAMOD D BAVISKAR	47/M
93	12197	SHABBIRBHAI Y SHAIKH	46/M
94	12266	MOHAN B FEGADE	50/M
95	12301	SHIVRAO S BHADANE	52/M
96	12423	PRASHANT B KHALAKAR	36/M
97	12623	PRADIP R MANKAR	36/M
98	12770	RAVI A BAVISKAR	40/M
99	13040	RAMESH S PATIL	48/M
100	13052	AKSHDA G SURYAWANSHI	33/F
101	13122	ASHISH S GAIKWAD	44/M
102	13212	PRASHANT S MAHALE	48/M
103	13323	BHILA J BHAMBARE	65/M
104	13630	KASUBAI S DEORE	68/F
105	13650	SADUBAI B SONAWANE	59/F
106	13762	SHARMILA U DEORE	38/F
107	13776	VIKAS S PATIL	48/M
108	14120	KETAN K SHINDE	32/M
109	14150	HARIBHAU P SONAWANE	48/M
110	14221	MANISHA G BORSE	28/M
111	14293	VILAS D RATHOD	35/M
112	14314	KASHINATH V DHAMANE	50/M



113	14480	SUPADU C PATIL	70/M
114	17109	DEEPAK Y CHAUDHARI	36/M
115	17111	BHAVANA B PAWAR	29/F
116	17628	DEVABHAU P DHUMAL	48/M
117	17690	SUREKHA C KOSHARE	50/F
118	17916	KAILAS M DHAGE	48/M
119	18100	ROHIT V GAVALI	22/M
120	18444	AVDUT Y SONAR	43/M
121	18534	RAJAT A PETHE	42/M
122	18777	ROHIT S MOHITE	34/M
123	19227	KRANTI V PURANDARE	28/F
124	19371	ISHWAR S GAIKWAD	30/M
125	19479	SUHANI V SINGH	28/F
126	19501	REKHA R KHALPURKAR	28/F
127	19642	KAILAS S JADHAV	40/M
128	20028	MANSARAM B SHINDE	47/M
129	20113	BANSILAL V DEORE	32/M
130	20179	ABHIDNYA S WAMALE	23/F
131	20328	ANANDRAO P PATHAK	49/M
132	20386	RAMESH S DEORE	41/M
133	20463	JAYRAM K JAIBHAVE	57/M
134	20564	SURESH S MORE	48/M
135	20605	VIJAY P SONAWANE	38/M
137	20673	RAHUL S WAGH	28/M
138	20689	PRATIKSHA R CHAVAN	28/F
139	20724	ANITA S DHUGHE	26/F
140	21231	DAULAT A PAWAR	43/M
141	21185	GANESH S BACHHAV	27/M
142	21360	DURGABAI G CHINCHOLE	60/F
143	21588	MADHUKAR MANE	40/M
144	21652	TEJAS V PATIL	46/M
145	22022	TRILOK A BHADANE	38/M
146	22125	RAKHMABAI D CHAUDHARI	60/F
147	22311	MADBHUKAR R BORASE	59/M
148	22533	GAURAV R SAHAMARE	32/M
149	22633	DHANJAY D PATIL	35/M
150	22695	VIHAN M KEDARE	35/M
151	22733	SHKATI R PATIL	40/M
152	22806	BHUSHAN D THORAT	35/M



153	22979	VIKAS N PATIL	22/M
154	23150	AARUSH M KOTHULE	32/M
155	23200	SANDESH D PANDEY	45/M
156	23297	MANOJ S SALUNKE	36/M
157	23516	SANTOSH T JADHAV	38/M
158	23718	PAVAN M DEORE	42/M
159	23811	SUNIL U JAGTAP	38/M
160	23881	VIKAS M DEORE	40/M
161	23917	ASHOK R KADAM	45/M
162	23970	DIGAMBAR S JADHAV	32/M
163	24106	MAHENDRA R PAWAR	42/M
164	24276	PRATIK K SONAWANE	32/M
165	24376	SHIVKANYA S PAWAR	36/F
166	24624	VIVEK M SUPE	40/M
167	24695	SHREYASH A PETHE	42/M
168	24925	SAGAR P SANAP	50/M



**Principal**  
Vd. Milind Babarao Aware  
Shree Saptashrungi Ayurved  
Mahavidyalaya & Hospital, Nashik

**H. O. D.**  
Swasthavritta Dept.  
S.S.A.M. & H. Nashik



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Kamal Nagar, Hirawadi, Panchavati, Nashik - 422 003. | Tel.: (0253) 2621565 (College) | (Hosp.) 2518548  
Fax : (0253) 2621638 • E-mail : ssamnsk@gmail.com • website : www.ssam.in

## RITUCHARYA OPD PATIENTS LIST 2021

SR.NO.	CR.NO.O.P.D.	NAME OF PATIENT	AGE/SEX
1	1596	KUNAL G. PAWAR	20/M
2	1736	SUCHITA N. WAGH	30/F
3	2106	ANIL T. WAGH	34/M
4	2767	AJIT S DESHMUKH	27/M
5	3897	PANDU D PAWAR	62/M
6	4165	SAURABH A PATIL	31/M
7	4516	PRAASAD PATIL	29/M
8	4631	PARESH A KASATH	33/M
9	4815	VEENA B KUKREJ	24/F
10	4950	KRUTIKA G BIDWE	32/F
11	6043	DIKSHA R PATIL	21/F
12	6153	SAYALI S PATIL	31/F
13	6604	MINAL M PATIL	29/F
14	7680	POOJA A CHAVAN	32/F
15	8108	AASIK M SHAIKH	30/F
16	8389	PRATHAMESH GUJRATHI	31/M
17	8476	SUSHMA M PAWAR	42/F
18	8762	VARSHA V WAGH	32/F
19	8876	ANIKET R WAGH	32/M
20	9089	MADHURI A BORASE	28/F
21	9261	SWATI K BORASE	30/F
22	9375	VAIBHAV V GANGURDE	28/M
23	10122	KAVITA R RANPAKHRE	39/F
24	10179	SANGITA G KAHAR	35/F
25	10272	HARSHA G PATIL	39/F
27	10598	JAYASHREE A KAKAD	30/F
28	11199	ANUPAMA R LODHA	38/F
29	11272	SHOBHA V GUNJAL	33/F
30	11335	SMITA S DESHMUKH	32/F
31	11582	KAVITA D BHUSARE	48/F
32	11819	BHARATI K GURAV	34/F
33	12041	RUPESH A BHAVSAR	49/M
34	12104	SUSHILA R KHAIRNAR	32/F
35	12638	ARTI S PATIL	30/F
36	12739	KRUSHNA H NAIK	37/F



37	12783	SADANANAD V	52/M
38	12908	TANUJA D NAIK	39/F
39	14406	JANAKI R SURYAWANSHI	37/F
40	18205	MIHIR S GARUD	39/M
41	18265	BHIYATA M BHODHALE	25/M
42	18522	RUSHI V SHINDE	32/M
43	18896	SHIVAJI V JAGDHANE	33/M
44	19235	KAJAL S AHIRE	25/F
45	19689	DHANABAI J JADHAV	35/F
46	20634	POONAM S KUMAVAT	40/F
47	21763	SANGITA K BORSE	29/F
48	21878	RAJESH S DESHMUKH	31/M
49	23124	YOGITA M PATIL	38/F
50	23254	DEEPALI P KETKAR	32/F
51	23348	VIDYA S CHUADHARI	32/F
52	23595	ATISH M PATIL	40/M
53	23796	SADASHIV K DESHPANDE	56/M
54	24510	ANITA P WAGH	30/F



**Principal**  
Vd. Milind Babarao Aware  
Shree Saptashrungi Ayurved  
Mahavidyalaya & Hospital, Nashik

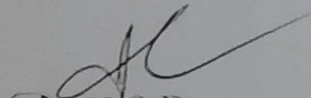
**H. O. D.**  
Swasthavritta Dept.  
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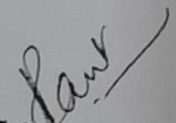
CERTIFICATE


This is to certify that, this Register contains Pages 01 to 300

This Register is utilised for Swastharnitta OPD Register

purpose. For Academic Year 2021 Dated from 1 Jan 2021

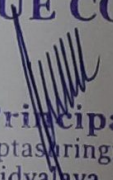
  
H.O.D.  
Swasthavritta Dept.  
S.S.A.M. & H. Nashik

  
Superintendent  
S.S.A.M. and H. NASHIK

  
Principal  
Shree Saptasringi Ayurved  
Mahavidyalaya - Nashik



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Mahavidyalaya, Nashik





Subject \_\_\_\_\_

Department (O.P.D.) Register

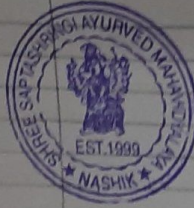
Sr. No. अ.क्र.	Cr. No. O.P.D. Central Register No. केंद्रीय नोंदणी बाह्यरूप क्रमांक	Monthly Register No. मासिक क्रमांक	Annual Reg. No. वार्षिक क्र.	Full Name of Patient's रूग्णाचे संपुर्ण नांव
Jan. 2021				
Swasthya OPD				
सुक्ष्म व्यायाम	- 11			
आसन	- 37			
प्राणायाम	- 10			
ध्यान	- 8			
सुर्वेनपरस्कार	- 7			
दिनचर्चा	- 20			
ऋतुचर्चा	- 4			
सद्वृत्त	- 3			
आचार रसायन	- 3			
Feb. 21				
Swasthya OPD				
सुक्ष्म व्यायाम	- 6			
आसन	- 15			
प्राणायाम	- 8			
ध्यान	- 4			
सुर्वेनपरस्कार	- 5			
दिनचर्चा	- 15			
ऋतुचर्चा	- 8			
सद्वृत्त	- 3			
आचार रसायन	- 4			
Mar 21				
Swasthya OPD				
सुक्ष्म व्यायाम	- 5			
आसन	- 16			
प्राणायाम	- 8			
ध्यान	- 8			
सुर्वेनपरस्कार	- 5			
दिनचर्चा	- 17			
ऋतुचर्चा	- 4			
सद्वृत्त	- 4			
आचार रसायन	- 6			

Full Address संपुर्ण पत्ता	Age वय	Sex लिंग	Provisional Diagnosis संभाव्य निदान	New Patient's नवे रुग्ण	Old Patient's जुने रुग्ण	Remarks शेरा
April 21						
Swasthya OPD						
सुक्ष्म व्यायाम	- 6					
आसन	- 12					
प्राणायाम	- 5					
ध्यान	- 8					
सुर्वेनपरस्कार	- 2					
दिनचर्चा	- 10					
ऋतुचर्चा	- 7					
सद्वृत्त	- 4					
आचार रसायन	- 4					
May 21						
Swasthya OPD						
सुक्ष्म व्यायाम	- 3					
आसन	- 6					
प्राणायाम	- 4					
ध्यान	- 2					
सुर्वेनपरस्कार	- 2					
दिनचर्चा	- 9					
ऋतुचर्चा	- 3					
सद्वृत्त	- 2					
आचार रसायन	- 1					
June '21						
Swasthya OPD						
सुक्ष्म व्यायाम	- 15					
आसन	- 18					
प्राणायाम	- 7					
ध्यान	- 8					
सुर्वेनपरस्कार	- 4					
दिनचर्चा	- 22					
ऋतुचर्चा	- 7					
सद्वृत्त	- 2					
आचार रसायन	- 2					

July '21		Aug '21		Sept '21		Oct '21	
Swasthya OPD		Swasthya OPD		Swasthya OPD		Swasthya OPD	
सुक्ष्म व्यायाम	- 7	सुक्ष्म व्यायाम	- 3	सुक्ष्म व्यायाम	- 8	सुक्ष्म व्यायाम	- 10
आसन	- 18	आसन	- 7	आसन	- 22	आसन	- 15
प्राणायाम	- 3	प्राणायाम	- 0	प्राणायाम	- 4	प्राणायाम	- 3
ध्यान	- 5	ध्यान	- 1	ध्यान	- 5	ध्यान	- 3
सुर्वेनपरस्कार	- 4	सुर्वेनपरस्कार	- 3	सुर्वेनपरस्कार	- 5	सुर्वेनपरस्कार	- 6
दिनचर्चा	- 16	दिनचर्चा	- 6	दिनचर्चा	- 10	दिनचर्चा	- 14
ऋतुचर्चा	- 6	ऋतुचर्चा	-	ऋतुचर्चा	- 5	ऋतुचर्चा	- 2
सद्वृत्त	- 1	सद्वृत्त	-	सद्वृत्त	- 1	सद्वृत्त	- 1
आचार रसायन	- 2	आचार रसायन	-	आचार रसायन	- 1	आचार रसायन	- 1

Nov '21		Dec '21		Jan - Dec, 2021	
Swasthya OPD		Swasthya OPD		Swasthya OPD	
सुक्ष्म व्यायाम	- 7	सुक्ष्म व्यायाम	- 6	सुक्ष्म व्यायाम	- 87
आसन	- 11	आसन	- 25	आसन	- 202
प्राणायाम	- 9	प्राणायाम	- 8	प्राणायाम	- 66
ध्यान	- 2	ध्यान	- 10	ध्यान	- 64
सुर्वेनपरस्कार	- 4	सुर्वेनपरस्कार	- 6	सुर्वेनपरस्कार	- 53
दिनचर्चा	- 8	दिनचर्चा	- 21	दिनचर्चा	- 168
ऋतुचर्चा	- 2	ऋतुचर्चा	- 6	ऋतुचर्चा	- 54
सद्वृत्त	- 2	सद्वृत्त	- 1	सद्वृत्त	- 25
आचार रसायन	- 1	आचार रसायन	- 2	आचार रसायन	- 27

Total -> = 746



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S.S.A.M. & H. Nashik

H. O. D.  
Swasthavritta Dept.  
S.S.A.M. & H. Nashik



Subject SWASTHA.

Department (O.P.D.) Register

Sr. No. अ.क्र.	Cr. No. O.P.D. Central Register No. केंद्रीय नोंदणी बाह्यरूप क्रमांक	Monthly Register No. मासिक क्रमांक	Annual Reg.No. वार्षिक क्र.	Full Name of Patient's रुग्णांचे संपुर्ण नांव	Full Address संपुर्ण पत्ता	Age वय	Sex लिंग	Provisional Diagnosis सांभाव्य निदान	New Patient's नवे रुग्ण	Old Patient's जुने रुग्ण	Remarks शेरा
Date - 02/01/2021 (Friday)											
1	008	01	1	सुषमा नानासाहेब माळोडे	तांबोळी नगर	45	F	कविकुल	✓		डामात
2	021	2	2	पतन शांताराम लेशणी	उत्तमनगर	36	M	अभ्रपिल	✓		सुलभ
3	038	3	3	सुनील मनोहर सिंदे	कमलनगर	40	M	स्थोमथ	✓		डामात
4	051	4	4	मिताली सुधीर सावरा	निमाणी	32	F	स्थोमथ	✓		मादक
5	066	5	5	हुकाराम दादाजी सातदिवे	हिवेदाडी	33	M	धम	✓		सुलभ
6	090	6	6	संपत कचड रकिरे	सावतामळी नगर	43	M	गृध्रासी	✓		डामात

कुल व्यक्तिय -	1
आरोग्य -	4
प्राण, शक्ति -	
ध्यान -	
शुद्धाचार -	
विनय -	
प्रशान्ति -	
भाग्य -	1
अन्य सुख -	

OPD	NEW	OLD
MALE	4	-
FEMALE	2	-
TOTAL	6	0



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## 8.1.4

Steps adopted by the institution towards implementation of Swasthvritta activities such as Dincharya, Ritucharya, Achar Rasayana, Sadvritta in last five years.

Institute has established a separate Swasthya opd to treat the patient with life style diseases last five years.

2019-2020



# SHREE SAPTASHRUNGI AYURVED MAHAVIDYALAYA & HOSPITAL

Kamal Nagar, Hirawadi, Panchavati, Nashik - 422 003. | Tel.: (0253) 2621565 (College) | (Hosp.) 2518548  
Fax : (0253) 2621638 • E-mail : ssamnsk@gmail.com • website : www.ssam.in

## ACAHR RASAYAN OPD PATIENTS LIST 2020

SR. NO.	CR. OPD NO.	NAME OF PATIENT	AGE/SEX
1	121	GANESH.B.ITHAPE	39/M
2	443	AMIT.R.PAWARA	40/M
3	950	PRABHAKAR.L.BHAMRE	62/M
4	1573	RAJENDRA.P.YADAV	60/M
5	1775	GOPAL.R.JADHAV	28/M
6	3657	UTTAM.V.BHILORE	60/M
7	5134	VAIBHAV.T.PAWAR	29/M
8	5789	RAJBHAU.R.JADHAV	60/M
9	5886	SANGRAM.Y.BHOSLE	30/M
10	5915	RAJESH.D.JOSHI	40/M
11	6287	NILINI.A.KHAIR	38/F
12	6900	KIRAN.D.MALE	31/M
13	7626	VISHWAS.B.NAIK	48/M
14	7660	ADITI.M.PAWAR	30/F
15	9132	DISHA.K.WAGH	22/F
16	10567	ANUSHRE.V.PAGAR	28/F
17	13212	APARNA.K.KUTE	23/F
18	13597	JENNY.P.JOSHEF	18/F
19	14382	KISHOR.M.KOLAMBE	49/M
20	14477	ANIL.V.SHINDE	33/M
21	15015	RAMDEV.V.BENDKE	55/M
22	15585	KUNDALIK.V.SONAWANE	64/M
23	17315	KALYANI.E.PATOLE	24/F
24	18276	MAYUR.S.JADHAV	38/M
25	18604	SHWETA.P.NELE	24/F
26	20140	SUSHIL.S.JADHAV	42/M
27	19106	PRIYANKA.A.RATHOD	34/F
28	19384	DHIRAJ.R.CHAVAN	32/M
29	19428	AKSHAY.N.PATIL	43/M
30	15201	ANITA.V.DEVRE	20/F
31	20073	MAHENDRA.N.JADHAV	28/M



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## SADVRITTA OPD PATIENTS LIST 2020

SR. NO.	CR. OPD NO	NAME OF PATIENT	AGE/SEX
1	3048	MAHESH.A.SURSE	38/M
2	2932	SANGITA.N.DAHORE	38/F
3	4377	PUNDALIK.S.AHER	55/M
4	5215	VISHWAS.B.THAKUR	23/M
5	4889	SANDESH.G.VAGH	26/M
6	5520	PRATIDYA GAIKWAD	28/F
7	6613	OZAR.S.SANE	55/M
8	6626	ANITA.N.RAGDE	42/F
9	7620	LILABAI D MORE	38/F
10	7741	ANKITA.P.MADKE	36/F
11	7992	VASANTA.G.YADHYANIK	76/M
12	9951	SATISH.B.JADHAV	49/M
13	9416	TUSHAR.D.THAKUR	24/M
14	10257	MAHIMA.A.MORE	24/F
15	12071	SURAJ.R.PNHALKAR	28/M
16	12642	MANJU.S.PATIL	26/F
17	13010	PRAFUL.N.WAGH	22/M
18	14369	ASHA.S.BORSE	34/F
19	14719	SHIVRAM.K.SURYA WANSHI	58/M
20	15976	BHUSHAN.H.BAVISKAR	28/M
21	17405	DATTARAM.B.MAHALE	60/M
22	18321	KIRAN.V.SANAP	30/M
23	18632	ANIL.S.GARUD	42/M



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Shree Saptashrungi Ayurved  
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## DINCHARYA OPD PATIENTS LIST 2020

SR.NO.	CR. OPD NO.	NAME OF PATIENT	AGE/SEX
1	275	PRAVINA.S.CHAWARE	54/F
2	394	ASHWIN.P.SATPUTE	60/M
3	454	ADESH.V.PALVE	50/M
4	661	RAJARAM.H.GAVALI	50/M
5	1079	KALPANA.S.SANAP	42/F
6	1165	MOHINI.A.THAKUR	40/F
7	1986	DADHUVIR.S.JHONDHALE	58/F
8	2662	RAJARAM.P.DESAI	45/M
9	2827	SUSHMA.S.YAICHALE	50/F
10	3159	PRATIMA.A.GORE	36/F
11	3276	HRUSHI.S.PUGE	29/M
12	3813	SHEILA.B.GAIKWAD	35/F
13	4219	JOTI.E.MUNDE	30/F
14	5677	BALVANTA.N.SATPUTE	46/M
15	6004	JAYA.V.KALASKAR	35/F
16	6340	ARUN.R.THAWARE	28/M
17	6411	VITHAL.R.DESHPANDE	50/M
18	6705	RAVINDRA.B.JAGTAP	32/M
19	7010	PRATIK.S.GITE	42/M
20	5499	ABHIJEET JUMAR	30/M
21	7036	ASAWARI NEHATE	40/F
22	6926	KAMALA PAWAR	38/F
23	7424	NARAYAN.H.JAGTAP	48/M
24	5812	HIRABAI WAN	30/F
25	6055	PRAGATI JAGDAL	30/F
26	6705	RAVINDRA.B.JAGTAP	32/M
27	7602	SAVITA SAGRE	59/F
28	7635	MITAL.K.MAHALE	38/M
29	7656	PURUSHTAM.R.APTE	50/M
30	7731	RAVI.J.KHAINAR	30/M
31	7969	MANISHA.G.AHER	24/F
32	7991	DATTA.G.JOSHI	44/M
33	8168	RAMESH.M.SHIRSAT	46/M



34	7656	PURUSHTAM.R.APTE	50/M
35	8413	BHUSHAN.A.PAWAR	34/M
36	8752	SHANKAR.N.WAGH	50/M
37	8877	PRASHANT.A.AHERE	35/M
38	9080	ANANDA.V.PATIL	46/M
39	9221	KASHINAT.R.GHUGE	60/M
40	9093	JAGDISH MARATHE	46/M
41	9221	KASHINAT.R.GHUGE	60/M
42	9620	GANESH.B.SURYAWANSHI	38/M
43	9866	ANIL.R.GAWALI	42/M
44	9957	UJWALA.D.SONAWANE	38/F
45	9409	MRUNMAYEE.V.PATIL	34/F
46	10178	USHA.P.WAGH	40/F
47	10193	MALTI PAWAR	38/F
48	10324	ARJUN.V.PAWAR	40/M
49	9620	GANESH.B.SURYAWANSHI	38/M
50	10560	PRAVIN.B.PATIL	34/M
51	10637	ANKITA.A.MISAL	20/F
52	10931	SWAPNALI.K.SHINDE	32/F
53	11195	RAMESH.N.DESHMUKH	46/M
54	11386	KESAR.S.SAIYAD	36/F
55	11420	SUNIL.N.WALVI	50/M
56	12056	AHILYABAI.R.SHINDE	30/F
57	12305	ANIL.S.PANDIT	34/M
58	12431	KEDAR.S.JOSHI	50/M
59	12571	ASHOK.R.SHINDE	25/M
60	12957	MANISHA.S.JADHAV	25/F
61	13080	RENKITA.A.KESHAVPURE	30/F
62	13656	SOMNATH.G.PAWAR	37/M
63	13870	SANJAY.B.SONWANE	40/M
64	13876	DEEPALI.S.HIRE	33/F
65	14096	SHWETA.P.GARGADE	42/F
66	14179	NAMRATA.M.JOSHI	41/F
67	14214	CHETAN.S.CHAVAN	29/M
68	14338	RAMESHWAR.N.SONAWANE	49/M
69	13696	ANMOL.P.MORE	42/M
70	14461	AISHWARYA.B.JADHAV	30/F
71	14214	CHETAN.S.CHAVAN	29/M
72	14242	SWAPNALI.V.PAWAR	32/F



73	14733	KOMAL.S.MISHRA	38/F
74	14794	SACHIN.G.PAWAR	40/M
75	14967	AJAY.D.NIKAM	43/M
76	15285	ASHWINI.K.SHIROL	46/F
77	15991	CHANDRASHEKHAR.B.BORKE	52/M
78	16268	SAMADHAN.G.PATIL	38/M
79	16443	DAULAT.P.GAIKWAD	53/M
80	16652	SUREKHA.R.BIGHADE	39/F
81	16767	NIKITA.K.SURSE	60/F
82	16820	VIIHAR.R.NIDWAI	56/M
83	17119	SANGITA.K.AREKAR	49/F
84	17127	HARSHADA.D.MORAVNE	34/F
85	17294	SHIVAJI.P.BAGHUL	38/M
86	17460	JAGDISH.S.WASAIKAR	56/M
87	17784	NAMITA.P.JADHAV	19/F
88	15285	ASHWINI.K.SHIROLE	46/F
89	17942	MANGESH.A.CHAVAN	41/M
90	18127	HITENDRA.N.SAWANT	40/M
91	18290	NIKITA.R.MANTRI	30/F
92	18464	AVINASH.M.DAREKAR	38/M
93	18782	GORAKHANATH AVHAD	56/M
94	18795	PRAGATI.M.VANI	26/F
95	20503	VASANTA.K.AVCHATE	35/M
96	20864	VILAS.Y.JADHAV	33/M
97	21158	KASHINAT.R.MAHALE	58/M
98	21184	VIJAY.R.SHIRSAT	42/M
99	21418	RAJENDRA.S.BORSE	48/M
100	21484	RUTUJA.V.SHELKE	26/F



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## RITUCHARYA OPD PATIENTS LIST 2020

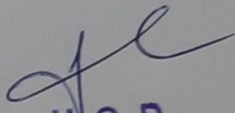
SR. NO	CR OPD NO	NAME OF PATIENT	AGE/SEX
1	77	KIRAN.A.SONAVNE	26/M
2	1186	AJIT.T.AVHAD	48/M
3	1374	SHUBHAM.B.KHAIRNAR	24/M
4	1499	RAHIL.T.SHAIK	24/M
5	1846	DEVANI.A.BHALERAO	18/F
6	3145	SHIVAKANYA.A.PATIL	28/F
7	3497	RANI.K.HIRE	28/F
8	2096	SUNDARBAI.K.HIRE	45/F
9	4075	DIPTI.S.VAVANE	21/F
10	4291	KIMAYA.R.PATIL	28/F
11	4698	SHANTANU.V.JOSHI	29/M
12	5093	UMESH.D.BHALERAO	21/M
13	6256	TEJAL.V.SHELKE	32/F
14	6913	NIKITA.A.MALI	19/F
15	6504	MANGAL.B.VAGH	51/F
16	6729	MAMTA.S.APTE	41/F
17	7534	PRASAD .A.SHALUNKE	35/M
18	7542	ANIL.N.PATIL	40/M
19	7739	AISHWARYA.U.PATIL	25/F
20	8274	RANJANA.V.GADE	50/F
21	8964	KAMLESH.R.SHINDE	28/M
22	9859	MINAL.D.THAKUR	31/F
23	10178	USHA.P.WAGH	40/F
24	11324	AAKASH.V.KOLI	25/M
25	13795	SUNANDA.D.SHINDE	38/F
26	13928	SONALI.P.HEKARE	38/F
27	14888	PRAMILA.B.SHIRSAT	40/F
28	14978	KAMINI.R.KALE	43/F
29	15002	KUNAL.S.KALE	30/M
30	15351	AMRUTA.P.GAIKWAD	26/F
31	16608	ROHIT.A.MORE	26/M
32	16879	VAISHALI.S.PATIL	30/F
33	17143	MAHINDRA KOLI	56/M



34	17327	GHOTURAM.N.PAWAR	36/M
35	17956	KIRAN.H.AHIRE	41/M
36	19557	SUNIL.R.BHADANE	48/M
37	19936	USHA.A.BHATE	65/F
38	19963	MATRI.S.BAVKE	61/F
39	20140	SUSHIL.S.JADHAV	52/M
40	20203	SHARDA.U.SHELANR	37/F
41	20274	PRATIK.A.PAWAR	29/M



**Principal**  
Vd. Milind Babarao Aware  
Shree Saptashringi Ayurved  
Mahavidyalaya & Hospital, Nashik

  
**H.O.D.**  
Swasthavritta Dept.  
S.S.A.M. & H. Nashik

CERTIFICATE

This is to certify that, this Register contains Pages 01 to 301  
This Register is utilised for Swasthya - OPD  
purpose. For Academic Year 2020 Dated from 01/01/2020

*[Signature]*  
H. O. D.  
Swasthavritta Dept.  
S.S.A.M. & H. Nashik

*[Signature]*  
Superintendent  
S.S.A.M. and H. NASHIK



*[Signature]*  
Principal  
Principal  
Shree Saptashringi Ayurved  
Mahavidyalaya Nashik



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*[Signature]*  
Principal  
Shree Saptashringi Ayurved  
Mahavidyalaya, Nashik

*[Signature]*  
H. O. D.  
Swasthavritta Dept.  
S.S.A.M. & H. Nashik



# S. S. Sawayand Hospital, Nashik

## Department (O.P.D.) Register

Subject

Sr. No. क्र. नं.	Cr. No. O.P.D. Central Register No. केंद्र नं. ओ.प.द. केंद्र नं. मध्यम रजिस्टर	Monthly Register No. मासिक रजिस्टर नं.	Annual Reg. No. वार्षिक रजि. नं.	Full Name of Patient's संपूर्ण नाव रोगी	Full Address संपूर्ण पत्ता	Age वय	Sex लिंग	Provisional Diagnosis प्रारंभिक रोग	New Patient's नव रोगी	Old Patient's पुराने रोगी	Remarks टीपा
June 2020											
Swasthya OPD											
	सुस्थ आरोग्य	00		1	सुस्थ आरोग्य	0.1		सुस्थ आरोग्य	02		
	अर्ध	17		11	अर्ध	14		अर्ध	11		
	प्रसव	03		06	प्रसव	03		प्रसव	62		
	दवा	1		02	दवा	01		दवा	3		
	सुस्थारोग्य	1		02	सुस्थारोग्य	03		सुस्थारोग्य	3		
	रिपोट	07		04	रिपोट	06		रिपोट	2		
	रजिस्टर	03		08	रजिस्टर	02		रजिस्टर	0		
	रोगी	01		02	रोगी	01		रोगी	2		
	अर्ध रोगी	06		02	अर्ध रोगी	03		अर्ध रोगी	1		
July 2020											
Swasthya OPD											
	सुस्थ आरोग्य	03		03	सुस्थ आरोग्य	01		सुस्थ आरोग्य	4		
	अर्ध	25		04	अर्ध	03		अर्ध	5		
	प्रसव	02		02	प्रसव	02		प्रसव	3		
	दवा	03		04	दवा	06		दवा	3		
	सुस्थारोग्य	03		03	सुस्थारोग्य	03		सुस्थारोग्य	5		
	रिपोट	06		03	रिपोट	11		रिपोट	11		
	रजिस्टर	03		01	रजिस्टर	02		रजिस्टर	2		
	रोगी	02		01	रोगी	02		रोगी	2		
	अर्ध रोगी	02		03	अर्ध रोगी	01		अर्ध रोगी	2		
August 2020											
Swasthya OPD											
	सुस्थ आरोग्य	03		03	सुस्थ आरोग्य	01		सुस्थ आरोग्य	4		
	अर्ध	25		04	अर्ध	03		अर्ध	5		
	प्रसव	02		02	प्रसव	02		प्रसव	3		
	दवा	03		04	दवा	06		दवा	3		
	सुस्थारोग्य	03		03	सुस्थारोग्य	03		सुस्थारोग्य	5		
	रिपोट	06		03	रिपोट	11		रिपोट	11		
	रजिस्टर	03		01	रजिस्टर	02		रजिस्टर	2		
	रोगी	02		01	रोगी	02		रोगी	2		
	अर्ध रोगी	02		03	अर्ध रोगी	01		अर्ध रोगी	2		

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Swasthya Dept.  
S.S.A.M. & H. Nashik

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Subject \_\_\_\_\_

Department (O.P.D.) Register

250

Sr. No. अ.क्र.	Cr. No. O.P.D. Central Register No. केंद्रीय नोंदणी बाह्यक्रमांक	Monthly Register No. मासिक क्रमांक	Annual Reg.No. वार्षिक क्र.	Full Name of Patient's रुग्णाचे संपुर्ण नांव
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Full Address संपुर्ण पत्ता	Age वय	Sex लिंग	Provisional Diagnosis संभाव्य निदान	New Patient's नवे रुग्ण	Old Patient's जुने रुग्ण	Remarks शेरा
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sep 2020

Swasthya OPD	
सुक्ष्म व्यायाम -	03
आसन -	08
प्राणायाम -	01
ध्यान -	03
सुर्यनमस्कार -	02
दिनचर्या -	09
श्रतुचर्या -	02
सद्वृत्त -	02
आधार रसायन -	02

oct 2020

Swasthya OPD	
सुक्ष्म व्यायाम -	05
आसन -	05
प्राणायाम -	02
ध्यान -	04
सुर्यनमस्कार -	03
दिनचर्या -	13
श्रतुचर्या -	05
सद्वृत्त -	03
आधार रसायन -	04

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Swasthavritta Dept.  
S.S.A.M. & H. Nashik

H. O. D.  
Swasthavritta Dept.  
S.S.A.M. & H. Nashik

Nov 2020

Swasthya OPD	
सुक्ष्म व्यायाम -	05
आसन -	04
प्राणायाम -	02
ध्यान -	03
सुर्यनमस्कार -	02
दिनचर्या -	04
श्रतुचर्या -	04
सद्वृत्त -	03
आधार रसायन -	03

Dec 2020

Swasthya OPD	
सुक्ष्म व्यायाम -	09
आसन -	09
प्राणायाम -	07
ध्यान -	06
सुर्यनमस्कार -	04
दिनचर्या -	11
श्रतुचर्या -	02
सद्वृत्त -	04
आधार रसायन -	02

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H. O. D.  
Swasthavritta Dept.

Annual Data  
1 Jan 2020 to 31 Dec 2020

Swasthya OPD	
सुक्ष्म व्यायाम -	38
आसन -	96
प्राणायाम -	41
ध्यान -	38
सुर्यनमस्कार -	34
दिनचर्या -	100
श्रतुचर्या -	41
सद्वृत्त -	25
आधार रसायन -	31

Mahavidyalaya, Nashik  
Shree Saptashringi Ayurved  
Principal

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Shree Saptashringi Ayurved  
Mahavidyalaya, Nashik



Subject स्वास्थ्य

Department (O.P.D.) Register

Sr No अ.क्र.	Cr No OPD Central Register No केंद्रीय नोंदणी हाताळण क्रमांक	Monthly Register No. मासिक क्रमांक	Annual Reg.No वार्षिक क्र.	Full Name of Patient's रुग्णांचे संपूर्ण नांव	Full Address संपूर्ण पत्ता	Age वय	Sex लिंग	Provisional Diagnosis संभाव्य निदान	New Patient's नवे रुग्ण	Old Patient's जुने रुग्ण	Remarks शेरा
	Date - 01/01/2020		(Wednesday)								
①	000077	01	01	किरण अठ्ठाठाहेडा योगतो	उनामनगर, नासिक	26	M	वृकाशयशुद्धीकार्य	✓		शुद्ध
②	000121	02	02	शोभा जलशाम इशापे	आमनगर	39	M	आमकपित्त	✓		डी.र.
③	000134	03	03	आमकाश जयवंत कांबळे	गोव्याकडाम	32	M	वृथाज्वर	✓		
④	000156	04	04	सिनेखा नय लिवारे	डामण	21	M	जोडी प्रतिस्थाय	✓		जोडी
⑤	000161	05	05	अर्जुनी जयेश पुळगाड	कामनगर	20	F	शिशिरक	✓		कामनगर



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Mahavidyalaya, Nashik

Date	SWASTHYA	
-01/01/2020	NEW	OLD
MALE	4	-
FEMALE	1	-
TOTAL	5	-

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S.S.A.M. & H. Nashik

## 8.1.4

Steps adopted by the institution towards implementation of Swasthvritta activities such as Dincharya, Ritucharya, Achar Rasayana, Sadvritta in last five years.

Institute has established a separate Swasthya opd to treat the patient with life style diseases last five years.

2018-2019



# SHREE SAPTASHRUNGI AYURVED MAHAVIDYALAYA & HOSPITAL

Kamal Nagar, Hirawadi, Panchavati, Nashik - 422 003. | Tel.: (0253) 2621565 (College) | (Hosp.) 2518548  
Fax : (0253) 2621638 • E-mail : ssamnsk@gmail.com • website : www.ssam.in

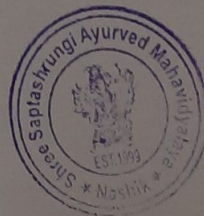
## ACHAR RASAYAN OPD PATIENT LIST 2019

SR NO.	CR OPD NO	NAME OF PATIENT	AGE/SEX
1	582	YOGITA U. PAWAR	24/F
2	877	POOJA R. PATHADE	37/F
3	984	USHA R. YADAV	55/F
4	1815	RITESH A. GOSAVI	20/M
5	2099	VISHAL D. WAGH	22/M
6	2125	SHARAD P. BORADE	37/M
7	2099	VISHAL D. WAGH	22/M
8	2183	SHANKAR S. VASEKAR	21/M
9	2686	PRIYANKA R. PAWAR	38/F
10	2908	KUNDAN R. GAVALI	38/M
11	3394	GOVIND B. SHINDE	50/M
12	3601	SAVITA M.PAWAR	18/F
13	3915	SITA R.PAWAR	25/F
14	4117	GANESH P. PAWAR	19/M
15	4258	RAJUBHAI S. PANDE	52/M
16	4498	AMOL S. DESHMUKH	29/M
17	4836	DINESH R. PAWAR	24/M
18	4908	JAYDEEP V. SHEPAL	21/M
19	5046	HARSHAL V. PATHAK	22/M
20	5256	LAXMIBAI K. MISAL	60/F
21	5384	SITARAM V. JADHAV	62/M
22	5580	SHASHIKANT U. DEORE	53/M
23	5754	KARTIK S. PAWAR	22/M
24	6159	SADAIVA B. SAMADHAN	63/M
25	6198	SANJAY K. NALVARE	29/M
26	6548	KAUSTUBH B. SONJE	41/M
27	7289	SURBHI D. MENKAR	30/F
28	8613	SUKHDEV R. SHINGADE	44/M
29	8637	KETAN L. NAVALE	32/M
30	8715	SACHIN R. PAWAR	44/M
31	8777	ROHIT C. GHODE	32/M
32	9201	CHITRA N. KALE	28/F
33	9297	MONALI S. GAYAKWAD	28/F





34	9401	MOHAN R. HIRE	35/M
35	9471	SATISH K. WAGHULE	18/M
36	9739	ARVIND S. PAWAR	25/M
37	10046	DEEPAK V. SALUNKE	23/M
38	10418	ANUMA G. SHARRATE	20/F
39	11194	MAYURI A. NAIK	30/F
40	11415	SAVITA A. SAKHARE	40/F
41	11962	MADHUKAR N. JAGDALE	51/M
42	12472	ANKIT S. GARUD	42/M
43	13007	ANKITA P. MORE	25/F
44	13834	JAGDISH R. JONDHALE	51/M
45	14055	SATISH R. PAWAR	38/M
46	14115	RAMBHAU P. SONAVANE	40/M
47	14188	RAJ K. WANI	50/M
48	14291	RAMESH S. BAGUL	48/M
49	14461	NAMDEV S. GAYAKWAD	72/M
50	15010	HIRALAL R. MAGRE	32/M
51	15084	AMAN R. KALE	40/M
52	15100	SANTOSH P. PARDESHI	36/M
53	15159	ANIKET A. DETHE	44/M
54	15591	VILAS V. SONAVNE	38/M
55	15741	KIRAN V. DESHMUKH	19/F
56	15812	PRASHANT K. KULTHE	43/M
57	16066	RAJESH S. DALVI	38/M
58	16555	SUDHAKAR B. BAIRAGI	32/M
59	16891	VISHWAJEET N. MAHALE	36/M
60	17007	ANJALI V. DESHMUKH	32/F
61	17456	HITANSHU S. SANGLE	33/M
62	18117	MANOJ S. KALE	38/M
63	18178	TANMAY P. RAVERE	36/M
64	18271	ASHUTOSH R. KAMALE	36/M
65	18489	PAVAN R. SHITOLE	32/M
66	19133	RAVIKANT B. SHARMA	40/M
67	19271	MINAL G. WAGH	46/F
68	19815	ASHISH H. MENDHALE	40/M
69	19838	KIRAN P. BENDKULE	30/M
70	20167	SOMDATTA A. AVHAD	39/M
71	20265	YASHODHAR R. GANGURDE	42/M
72	20370	OM B. KALE	28/M



73	20728	IRFAN A. KHAN	45/M
74	20802	SANJAY S. GAIKWAD	65/M
75	21034	PRASHANT M. GAIKWAD	29/M
76	21370	NIMAJI R. KALE	46/M
77	21794	BALIRAM J. BHOSLE	45/M
78	21990	KAILASH R. RATHI	36/M
79	22408	PRASHANT Y. MAHALE	29/M
80	22734	HARIBHAU R. PAWAR	65/M
81	22847	KUNDALIK S. SHELAR	47/M
82	22867	ABHIDNYA D. JADHAV	21/F
83	22967	KRUSHNA R. SAMALE	30/M
84	23219	RAJENDRA M. SONGE	38/M
85	23480	KISHOR M. KHARE	55/M
86	23688	MAHESH R. AHIRE	43/M
87	24427	SUMIT P. PAWAR	41/M
88	24592	MEERA C. KHAIRNAR	45/F
89	24981	SUREKH R. BAVISKAR	47/M
90	25189	KARAN M. SONAVNE	35/M
91	25379	SUNIL S. BHOSLE	48/M
92	25800	VANDANA K. RAJPAL	60/F
93	26072	VITTHALRAO N. DESHMUKHA	65/M
94	26410	TUKARAM N. RAHUL	58/M
95	26660	RAJARAM D. PATIL	50/M



**Principal**  
Vd. Milind Bubarao Aware  
Shree Saptashrungi Ayurved  
Mahavidyalaya & Hospital, Nashik

**H. O. D.**  
Swasthavritta Dept.  
S.S.A.M. & H. Nashik



# SHREE SAPTASHRUNGI AYURVED MAHAVIDYALAYA & HOSPITAL

Kamal Nagar, Hirawadi, Panchavati, Nashik - 422 003. | Tel.: (0253) 2621565 (College) | (Hosp.) 2518548  
Fax : (0253) 2621638 • E-mail : ssamnsk@gmail.com • website : www.ssam.in

## SADVRITTA OPD PATIENT LIST 2019

SR NO.	CR OPD NO	NAME OF PATIENT	AGE/SEX
1	26664	KRUSHNA A. PAWALE	38/M
2	21928	MAYURESH VAIDYA	22/M
3	22354	AVANI NAIK	18/F
4	22675	HARIBHAWU CHANDRABHE	65/M
5	22867	ABHIDNYA JADHAV	21/F
6	23921	MAHESH MANIK RAJMANE	26/M
7	24019	PRIYANKA ANIL KALAPURE	30/F
8	23317	UDHAVRAO PRABHAKAR JOSHI	58/M
9	25815	SHRAWANI AHIRE	20/F
10	26022	ADITI KADAM	16/F
11	26664	KRUSHNA PAWALE	38/M

**H. O. D.**  
Swasthavritta Dept.  
S.S.A.M. & H. Nashik



**Principal**  
Vd. Milind Babarao Aware  
Shree Saptashrungi Ayurved  
Mahavidyalaya & Hospital, Nashik



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## DINCHARYA OPD PATIENT LIST 2019

SR NO.	CR OPD NO	NAME OF PATIENT	AGE/SEX
1	31	DEEPAK R. CHAUDHARY	31/M
2	53	BHAYA D. AWARE	36/M
3	225	KALPESH Y. KOTHANI	37/M
4	401	VISHAL R. WAGH	20/M
5	691	MADHAVRAJ R. PANDEY	41/M
6	1013	NAMRATA A. SONAR	29/F
7	1216	GANGADHAR M. BAGUL	50/M
8	1311	KALPANA S. PATIL	32/F
9	2974	SITARAM R. JAGTAP	25/M
10	2991	NILESH M. PALVE	61/M
11	3458	LAKSHMAN B. JOSHI	30/M
12	3648	MANGESH T. PAWAR	21/M
13	3719	SANTOSH M. RATHOD	20/M
14	4190	SANKET S. WADEKAR	31/M
15	4483	VISHAL M. DESHMULKJ	27/M
16	4781	SUNITA V. AHER	54/F
17	4815	NITIN K. SHELAR	28/M
18	5012	DEEPAK R. KHAROTE	28/M
19	5103	DINESH K. PAWAR	25/M
20	5270	ASHOK M. SONI	40/M
21	5398	BHARAT H. THAKARE	55/M
22	5803	RITESH R. DEORE	58/M
23	6054	PRANJAL P. PANDIT	71/F
24	6337	PAVAN S. RAYATE	21/M
25	6539	PRATIK V. MARATHE	30/M
26	6623	IBRAHIM A. PATEL	58/M
27	6767	DHANANJAY S. THOMBE	40/M
28	7487	VIJAY U. DUMAL	36/M
29	7934	SOHAM S. WAGH	38/M
30	8301	RADHESHYAM V. PATIL	38/M
31	8791	KAILASH B. GHOLAP	45/M
32	8916	SANDEEP D. PAWAR	26/M
33	8791	KAILASH B. GHOLAP	45/M
34	9489	RAMESH B. AHER	57/M



35	9767	RAMRAJ K. RAHANE	45/M
36	10215	VINOD V. KHARKAR	35/M
37	10322	RAKESH P. KALE	40/M
38	10558	SUREKHA M. RANE	32/F
39	10569	NIKHIL S. SONAVANE	29/M
40	10693	PRERNA D. SHINDE	34/F
41	10763	VAISHNAVI R. SAKAVE	49/F
42	10840	JITESH R. WAJE	30/M
43	10855	VANITA SAWANT	35/F
44	10896	MINAKSHI R. KHAIRNAR	50/F
45	10994	SAGUN J. BORSE	35/M
46	11081	JANKI K. MAHALE	56/F
47	11263	KRUSHNA R. YADAV	50/M
48	11524	REKHA S. KULKARNI	29/F
49	11702	SAHADEV S. CHITALE	38/M
50	11878	KUNAL D. BORSE	48/M
51	12046	JAYESH A. NIKAM	30/F
52	11702	SAHADEV S. CHITALE	38/M
53	12213	DEVDAAS D. BORSE	56/M
54	12300	KARAN R. MAHESHWARI	28/M
55	12744	AHIRANG A. JUNAGADE	50/M
56	12808	AKSHAY N. CHOUDHARY	39/M
57	13089	KAVITA S. MAHAJAN	58/F
58	13182	KAJAL A. MORE	40/F
59	13268	NITIN R. SHIRSATH	36/M
60	13355	AHILYA S. NIKAM	51/F
61	13424	PRATIK R. THAKARE	26/M
62	13521	BHAGYASHRI B. PATIL	30/F
63	13550	RAKESH S. MULE	41/M
64	13975	RISHI P. METHMIRE	32/M
65	14217	ANUJA S. PAWAR	35/F
66	14231	SUGANDHA R. BODKE	45/F
67	14747	RADHIKA S. PAWAR	28/F
68	14765	SUMANBAI C. PAWAR	38/F
69	14819	PRIYA A. APTE	30/F
70	15109	VILAS P. DHOME	38/M
71	15282	KARTIK R. SAPKAL	32/M
72	15428	MAYURI P MORE	32/F
73	15727	NITESH S. BOREKAR	30/M



74	15914	NAGNATH K. KALE	45 /M
75	15977	NAMITA S. GODASE	45/F
76	16166	SHWETAMBARI D. GHUGE	27/F
77	16804	MINAKSHI S. GAIKWAD	30/F
78	16996	SHRIKANT R. MAHAJAN	40/M
79	17070	MILIND R. DESHMUKH	40/M
80	17430	DHRUV P. NIKAM	26/M
81	17466	DINKAR S. SANGLE	43/M
82	17568	ANIL S. FADKE	56/M
83	17748	RAMESH S. PAL	34/M
84	17986	ANITA V JOSHI	42/F
85	18193	RAMESH S. MAHALE	23/F
86	18295	MANOHAR P. AHER	61/M
87	18684	SHAM D. PATIL	57/M
88	18827	LATA R. PATIL	48/F
89	19096	BHAGYASHRI M. JADHAV	39/F
90	18652	DEEP N. SONAVNE	33/M
91	18684	SHAM D. PATIL	57/M
92	19288	ADITYA G. SANGAMNERE	48/M
93	19471	SHUBHAM S. PARSULE	35/M
94	19764	HARISHCHANDRA R. MADKE	40/M
95	19932	HARIBHA R. BENKE	62/M
96	20103	ASHISH K. KAGE	25/M
97	20180	SHRIKRUSHNA P. KAGE	55/M
98	20219	BABURAO G. WAGH	58/M
99	20443	DADARAO V. IMANDAR	50/M
100	20602	KAMAL H. BHAMRE	39/F
101	21046	BALASAHEB A. BORADE	34/M
102	21266	GIRIJA S. BHAMRE	45/F
103	21760	KONIKRAO R. PAWAR	62/M
104	21827	MADHURI R. SHINDE	30/F
105	21909	RAVINA P. KALE	28/F
106	22136	ANKITA R. PATIL	40/F
107	22675	HARIBHAU T. CHANDRATRE	65/M
108	22794	AJIT T. SALUNKE	35/M
109	23317	UDDHAVRAO P. JOSHI	58/M
110	23770	VIJAY S. SHIRSATH	22/M
111	24174	SAGAR M. MAHALE	38/M
112	24379	RAMESH P. PATIL	40/M



113	24487	ABHIJEET R. SONAVNE	28/M
114	25069	BAJIRAO S. PUNJA	60/M
115	25285	MANISHA S. SARGARI	45/F
116	25549	SATISH R. NARODE	30/M
117	25640	KAILASH S. KHALWAR	45/M
118	25942	BABURAO G. WAGH	45/M
119	26365	DINKAR B. TAMBE	32/M
120	26541	SHIVAJI A. DESHMUKH	60/M
121	26660	RAJARAM D. PATIL	50/M
122	25235	AMOL R. GHAVANE	30/M
123	25250	ANJALI E. GARE	40/F
124	25413	PRAVIN K. KALE	37/M
125	25756	JAYESH S. WAGH	50/M
126	25833	VRUSHALI T. AHIRE	40/F
127	25984	AMOL V. KAVADE	40/M
128	26004	KOMAL M. WAGH	35/F



**Principal**  
Vd. Milind Babarao Aware  
Shree Saptashrungi Ayurved  
Mahavidyalaya & Hospital, Nashik

**H. O. D.**  
Swasthavritta Dept.  
S.S.A.M. & H. Nashik



# SHREE SAPTASHRUNGI AYURVED MAHAVIDYALAYA & HOSPITAL

Kamal Nagar, Hirawadi, Panchavati, Nashik - 422 003. | Tel.: (0253) 2621565 (College) | (Hosp.) 2518548  
Fax : (0253) 2621638 • E-mail : ssamnsk@gmail.com • website : www.ssam.in

## RITUCHARYA OPD PATIENT LIST 2019

SR NO.	CR OPD NO	NAME OF PATIENT	AGE/SEX
1	242	PALLAVI A. SAPKALE	43/F
2	1230	MUKESH S. MAHALE	32/M
3	1430	ABHA P. GOLKAR	24/F
4	1517	SHACHIKA D. MAHAJAN	31/F
5	1717	PAYAL S. SOMVANSHI	29/F
6	1781	POONAM R. BAGUL	21/F
7	1962	TARABAI V. JADHAV	52/F
8	2514	MANISHA B. GEETE	30/F
9	2623	TUKARAM J. SHELAR	60/M
10	3063	SAVITA S. PAGARE	30/F
11	3320	VINAYAK P. MALI	50/M
12	4413	POORVI A.SAWANT	24/F
13	5187	ANJANA T. PAWAR	34/F
14	5500	MANISHA R. CHAVAN	29/F
15	6533	RAJASHRI V. MULE	44/F
16	7274	SAKHARAM R. WANKHEDE	68/M
17	8212	RAKESH R. SONAVANE	32/M
18	8289	PANDHARINATH H. SHAMSHANKAR	48/M
19	8693	KALPESH B. GHARTE	37/M
20	8804	SARIKA B. MOHITE	28/F
21	8871	POOJA P. GAVANDE	24/F
22	8916	SANDEEP D. PAWAR	26/M
23	8947	PRAVIN R. AHIRE	43/M
24	9014	SHIVRAM R. SHEWAL	38/M
25	9147	SANJAY K. KULKARNI	40/M
26	9235	AKASH U. MAHAJAN	27/M
27	9314	HIRAMAN N. JOSHI	48/M
28	9329	VITTHALRAO P. PATIL	62/M
29	9569	POOJA V. SAWANT	23/F
30	9669	ARUNDHATI V. SHARMA	38/F
31	9948	AMOL S. NANDAN	28/M
32	10227	SANTOSH M. KADAM	42/M





33	11449	PRIYANKA GANGURDE	28/F
34	11601	SUJATA R. SHINDE	28/F
35	11860	NEELAM V. KUMBHAR	24/F
36	12369	SAYAM R. WAJE	28/M
37	12551	PRAJWAL S. AHIRAO	24/M
38	12780	JAYESH P. AWARE	22/M
39	13221	RAJESH S. NIKAM	28/M
40	13637	VAISHALI R. AVHADE	23/F
41	13737	VIJASHRI R. BAGUL	41/F
42	13874	DILIP S. MAHALE	32/M
43	13959	ARADHYA P. SHINDE	19/F
44	14474	SHOBHA D. PAGAR	29/F
45	14578	NANDINI D. BAGUL	24/F
46	14625	PRERNA R. DESHMUKH	20/F
47	14921	VIRAJ S. RAJMANE	27/M
48	15411	SUBHIDA G. RAMPURE	28/F
49	15605	RITESH G. PATIL	24/M
50	15891	KOMAL P. MORE	18/F
51	16090	HIRALAL S. SURVE	35/M
52	16319	KAADAMBARI R. SHEWALE	24/F
53	16636	DEEPAI R. HIRE	28/F
54	17168	PRALHAD V. PAGAR	41/M
55	17393	VISHAL T. AHIRE	35/M
56	17468	VALLABH D. CHORE	27/M
57	17580	SHAURYA U. PINGLE	25/M
58	17706	RIHAN V. PAWAR	20/M
59	17743	VINITA S. MAHALE	28/F
60	17976	SHEETAL M. DESHPANDE	28/F
61	18133	KIRAN P. PAWAR	22/F
62	18406	AMRUTA R. AHER	24/F
63	18552	DEEPTI F. DATE	34/F
64	18604	VANDANA P. KULTHE	28/F
65	18750	RUCHITA S. SALVE	24/F
66	18954	DEEPAK D. PAWAR	27/M
67	19307	SWATI S. WAGH	18/F
68	19375	PARSHURAM O. KALE	27/M
69	19499	TINKU T. THEKE	26/F
70	19584	MRUNAL A. PAWAR	19/F
71	19858	HARISH K. GAIKE	22/M



72	20355	SHEETAL A. KALE	24/F
73	20565	AKSHAY A. GOD	30/M
74	20648	JYOTSNA C. CHATURVEDI	20/F
75	20818	VIMAL P. PATIL	23/M
76	21055	INDRAJEET M. JHUNAGADE	45/M
77	21717	KISHOR B. YADAV	40/M
78	21928	MAYURESH A. VAIDYA	22/M
79	22025	IRSHAD A. KHAN	28/M
80	22248	AKANKSHA P. ADKE	18/F
81	22350	AVNI L. NAIK	18/F
82	22808	SURBHI R. LOHAR	24/F
83	23092	AKASH M. AVHAD	28/M
84	23432	SAYALI R. SANJIV	19/F
85	23574	PRAFUL R. CHAVAN	32/M
86	23921	MAHESH M. RAJMANE	26/M
87	24186	RUSHIKESH J. PATIL	35/M
88	24574	SHUBHAM S. SHIRSATH	25/M
89	24783	JAY H. SONAVNE	21/M
90	25171	CHAITANYA B. KORDE	24/M
91	25815	SHRAVANI S. AHIRE	20/F
92	26564	KAJAL P. VIKHE	24/F
93	24257	MANJULA R. PAGAR	40/F
94	24322	PRASHANT D. MAHALE	32/M

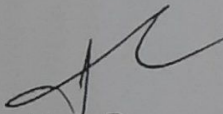


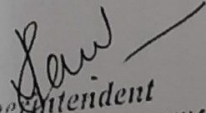
Principal  
Vd. Milind Babarao Aware  
Shree Saptashrunji Ayurved  
Mahavidyalaya & Hospital, Nashik

H. O. D.  
Swasthavritta Dept.  
S.S.A.M. & H. Nashik


## CERTIFICATE

This is to certify that, this register contains Pages 01 to 101  
This Register is utilized for swasthya OPD  
Purpose. For Academic Year 2019 Dated from 11 NOV.

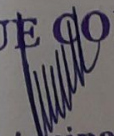
  
H.O.D.  
Swasthavritta Dept.  
S.S.A.M. & H. Nashik

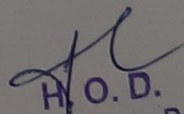
  
Superintendent  
S.S.A.M. and H. NASHIK



  
Principal  
Principal  
Shree Saptashringi Ayurved  
Mahavidyalaya Nashik



**TRUE COPY**  
  
Principal  
Shree Saptashringi Ayurved  
Mahavidyalaya, Nashik

  
H.O.D.  
Swasthavritta Dept.  
S.S.A.M. & H. Nashik



SHREE SAPTASHRUNG VIKSHAN SANSTHA  
**SHREE SAPTASHRUNGI AYURVED**  
 Kamal Nagar, Hirawadi, Panchavati,  
**Department Wise Out Patient**

NASHIK SANCHALIT  
**MAHAVIDYALAY & HOSPITAL, NASHIK.**  
 Nashik - 422 003. ☎ [0253] 2621565  
**Department (O.P.D.) Register**

Sr. No. अ.क्र.	Cr. No. OPD. Central Reg.No. केंद्रीय नोंदणी बाह्यरुग्ण क्र.	Monthly Reg. No. मासिक क्रमांक	Annual Reg. No. वार्षिक क्र.	Full Name of Patient रुग्णांचे संपुर्ण नांव	Full Address संपुर्ण पत्ता	Age वय	Sex लिंग	Provisional Diagnosis संभाव्य निदान	New Patient नवे रुग्ण	Old Patient जुने रुग्ण	Remark शेरा
				Jan 19				Feb 2019			
				Swasthya OPD				Swasthya OPD			
	सुक्ष्म व्यायाम -	1		सुक्ष्म व्यायाम -	3			सुक्ष्म व्यायाम -	6		
	आसन -	18		आसन -	13			आसन -	9		
	प्राणायाम -	5		प्राणायाम -	2			प्राणायाम -	9		
	ध्यान -	-		ध्यान -	1			ध्यान -	5		
	सुर्यनमस्कार -	-		सुर्यनमस्कार -	4			सुर्यनमस्कार -	3		
	दिनचर्या -	8		दिनचर्या -	10			दिनचर्या -	9		
	ऋतुचर्या -	9		ऋतुचर्या -	7			ऋतुचर्या -	3		
	सद्वृत्त -	-		सद्वृत्त -	1			सद्वृत्त -	-		
	आहार रसायन -	10		आहार रसायन -	11			आहार रसायन -	8		
				May 19				June 19			
				Swasthya OPD				Swasthya OPD			
	सुक्ष्म व्यायाम -	4		सुक्ष्म व्यायाम -	3			सुक्ष्म व्यायाम -	4		
	आसन -	17		आसन -	17			आसन -	28		
	प्राणायाम -	6		प्राणायाम -	7			प्राणायाम -	5		
	ध्यान -	-		ध्यान -	-			ध्यान -	-		
	सुर्यनमस्कार -	-		सुर्यनमस्कार -	1			सुर्यनमस्कार -	-		
	दिनचर्या -	16		दिनचर्या -	15			दिनचर्या -	13		
	ऋतुचर्या -	8		ऋतुचर्या -	6			ऋतुचर्या -	10		
	सद्वृत्त -	-		सद्वृत्त -	-			सद्वृत्त -	-		
	आहार रसायन -	8		आहार रसायन -	5			आहार रसायन -	11		
				July 19				Aug 19			
				Swasthya OPD				Swasthya OPD			
	सुक्ष्म व्यायाम -	4		सुक्ष्म व्यायाम -	3			सुक्ष्म व्यायाम -	4		
	आसन -	17		आसन -	17			आसन -	28		
	प्राणायाम -	6		प्राणायाम -	7			प्राणायाम -	5		
	ध्यान -	-		ध्यान -	-			ध्यान -	-		
	सुर्यनमस्कार -	-		सुर्यनमस्कार -	1			सुर्यनमस्कार -	-		
	दिनचर्या -	16		दिनचर्या -	15			दिनचर्या -	13		
	ऋतुचर्या -	8		ऋतुचर्या -	6			ऋतुचर्या -	10		
	सद्वृत्त -	-		सद्वृत्त -	-			सद्वृत्त -	-		
	आहार रसायन -	8		आहार रसायन -	5			आहार रसायन -	11		





SHREE SAPTASHRUNGISHRISHAN SANSTHA  
**SHREE SAPTASHRUNGIA YURVED**  
Kamal Nagar, Hirawadi, Panchavati,  
**Department Wise Out Patient**

NASHIK SANCHALIT

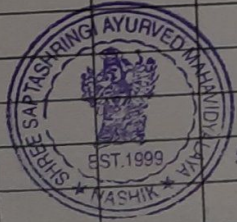
**MAHAVIDYALAY & HOSPITAL, NASHIK.**

Nashik - 422 003. ☎ [0253] 2621565

**Department (O.P.D.) Register**

Sr. No. अ.क्र.	Cr. No. OPD. Central Reg. No. केंद्रीय नोंदणी बाह्यरुग्ण क्र.	Monthly Reg. No. मासिक क्रमांक	Annual Reg. No. वार्षिक क्र.	Full Name of Patient रुग्णांचे संपुर्ण नांव	Full Address संपुर्ण पत्ता	Age वय	Sex लिंग	Provisional Diagnosis संभाव्य निदान	New Patient नवे रुग्ण	Old Patient जुने रुग्ण	Remark शेरा
				<b>DT 11/11/2019 (Monday)</b>							
1	22520	55	1355	अमिषा राजा काळे	मोकळवाठा नगर	26	F	श्यामाय	✓		केमि-प्रणा
2	22532	56	1356	अवदुत प्रथम माळी	गोकुळधाम	29	M	जीर्ण प्रतिश्याय	✓		अक्षत
3	22540	57	1357	साधना गणपत क्षराळ	हिरवाडी	30	F	कारिकुल	✓		अक्षत
4	22555	58	1358	प्रतिभा सुरेश माळी	कोटेनगर	45	F	मन्थारुग्ण	✓		अक्षत
5	22567	59	1359	प्रतिष्ठा रमेश गायकवाड	उफलेनगर	28	F	उपरुग्ण	✓		
6	21882	60	1360	आश्विन राधेश पवार	झाडगाव	28	M	मळ वरुग्ण		✓	
7	21909	61	1361	रविना प्रमोद काळे	मोकळवाठा नगर	28	F	अक्षत		✓	
8	21928	62	1362	मयुरेश अमरेश देव	झुलतधाम	22	M	स्वास्थ्यवधनाय		✓	

**TRUE COPY**



**Principal**  
Shree Saptashringi Ayurved  
Mahavidyalaya, Nashik

**H. O. D.**  
Swasthavritta Dept.  
S.S.A.M. & H. Nashik

Date - 11/11		SWASTHYA	
OPD	NEW	OLD	
MALE	1	2	
FEMALE	4	1	
TOTAL	5	3	